

# Applying What You've Learned:

## My Knowledge Translation Plan for Addressing an Important Research Issue in My Work

Over the past two days we asked you to clarify your personal goals - what research impact are you and your team seeking? We also asked you to clarify your goals for creating and translating knowledge and evidence, and provided some specific strategies that will facilitate your KT efforts. Here is an opportunity to apply what you've learned and create a KT Plan for a research project you are currently working on or completing (or for starting up your KT career or long-term plan).

Your plan could include several of the components described below. Those marked with an \* were part of the exercises we did over the two days, so feel free to either use those answers or to modify what you originally noted. Where relevant, include the timing of your decisions, activities and outcomes.

We will do this exercise in two parts. First, fill in the boxes for questions I-IV. This is an individual exercise, but feel free to share your work with another person if it helps to work through some of your ideas. We will then share in small groups. In the second half of the session, we will repeat this process by completing questions V and VI.

- I\*. Describe the problem or issue you are addressing. Include the context, the public health problem you seek to address with your research, the research that you are doing to address the problem and the audience (actors or decision makers) for the evidence that you are generating.
- II. Describe why is this research is important to you. What values and strengths do you bring to the issue?
- III\*. What impacts do you hope to have with your research? What problems do you hope to help solve with your research?
- IV. Thinking about the issue you described in question I, your research and the values/strengths you bring to the issue, what kind of dissemination strategies might be suitable to achieve your goals? Name all that are relevant and explain why they are appropriate. Identify the strategy that is best aligned with your goals.
- V. Would it be valuable for you to partner and co-create the research evidence, with stakeholders who are relevant to the issue? What skills do you need in order to decide whom to approach/whom to work with? What kind of relationship will you pursue with them?
- VI. What are the final products and outcomes of your KT efforts? What are the specific barriers and facilitators that you see impacting upon your plan? If you don't possess the skills to carry out the KT plan on your own, what skills or expertise will you look for in research partners?

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VI. What are the final products and outcomes of your KT efforts? What are the specific barriers and facilitators that you see impacting upon your plan? If you don't possess the skills to carry out the KT plan on your own, what skills or expertise will you look for in research partners?