Adolescent Health Leaders Cohort (AHLC)

*Putting the “A” back in MCH.*

Who should apply?

- State Adolescent Health Coordinators (SAHCs) in the MCH agency or division responsible for administrating the Title V Block Grant.
- State/territory health department employee responsible for managing the majority of public health programs in which adolescents are the target population and partners with Title V.
- MCH/Title V Director with an interest in building skills and competencies to strengthen their program’s AH focus.

What can you expect?

- Learn and apply leadership skills to advance programming
- Receive one-on-one mentorship
- Exposure to tools and resources from AMCHP and national MCH technical assistance and resource centers

Potential topics covered include:

- Holistic Positive Youth Development approach
- Partnership with diverse stakeholders and impacted communities
- Strategic planning for program and service coordination
- Culturally responsive practices

Meet your Cohort Leader!

*Ilia**na Siarmalis-White, MPH, CHES, CPH* is AMCHP’s Senior Program Manager for Adolescent Health. She has extensive experience in implementing technical assistance and leadership development activities for state and national organizations, including on topics such as adolescent preventive services, school-based health care, mental health, and youth engagement.