SPHARC “Coffee Talk”
Telehealth Policy & Autism

April 19, 2017 | 2:30-3:00 PM, ET

AUDIO: (888) 205-5513 | Passcode: 407447
Quick Overview
How to Use Web Technology

• Press *6 to mute your line. Or use your phone’s mute button.

• Ask questions/make comments throughout the call using the chat box at the lower, right-hand side of your screen.
  • During the discussions and Q&A you can also use *6 to unmute your line when prompted.

• This call will be recorded and materials will be shared on the SPHARC website: www.amchp.org/SPHARC

• Please complete the brief evaluation survey at the end of the webinar!
Agenda

- Welcome
- Expert Coffee Talk: Telehealth & Autism Policy
- Q&A / Discussion
- Evaluation / Adjourn
DISCLAIMERS

• Any information provided in today’s talk is not to be regarded as legal advice. Today’s talk is purely for informational purposes.

• Always consult with legal counsel.

• CCHP has no relevant financial interest, arrangement, or affiliation with any organizations related to commercial products or services discussed in this program.
CCHP is an independent, public interest organization that strives to advance state and national telehealth policies that promote better systems of care improved health outcomes and provide greater health equity of access to quality, affordable care and services.
TELEHEALTH STATE-BY-STATE POLICIES, LAWS & REGULATIONS

The Center for Connected Health Policy helps you stay informed about telehealth-related laws, regulations, and Medicaid programs. We cover current and pending rules and regulations for the U.S. and all fifty states.
TELEHEALTH & ITS MODALITIES

Synchronous or Live Video

Remote Patient Monitoring

Asynchronous or Store-and-Forward

mHealth
TELEHEALTH GOES BEYOND JUST PROVIDING HEALTH CARE SERVICES

- HEALTH CARE SERVICES
- TRAINING & EDUCATION
- INFORMATION SHARING
- DATA COLLECTION
- CARE COORDINATION
- ELECTRONIC HEALTH INFORMATION
- PUBLIC HEALTH INFORMATION
TELEHEALTH FOR AUTISM

- Telehealth works well in Autism treatment because of its tiered-delivery model. Supervision by Board Certified Behavior Analysts (BCBAs) using synchronous telehealth as the frontline behavior technician implements the treatment plan in person.

- Telehealth expands the capacity of BCBAs and licensed professionals who treat autism spectrum disorder.

- Store-and-forward telehealth is also useful for autism treatment providers who want to view treatment when their schedule permits and/or to ensure treatment integrity and consistency by the behavior technician(s) implementing the treatment plan.

- Can help provide training to parents intervention techniques (federally funded pilot – Michigan State University).
TELEHEALTH AUTISM PROGRAMS

• ECHO®Autism – Links Autism Treatment Network specialists with pediatricians and other PCPs (Missouri)
• Marcus Autism Center – Works with the GA Partnership, use of live video
• Children’s Healthcare of Atlanta – Offers services via telemedicine for several specialties including treatment of ASD
MAIN POLICY AREAS FOR TELEHEALTH

- Reimbursement
  - Limitations on services
  - Location (geography & facility)
  - Limitations on types of providers
  - Limitations on modality
- Licensing/Licensing Boards
- Privacy/Security
- Informed consent
- Malpractice
ARE TELEHEALTH DELIVERED SERVICES FOR AUTISM COVERED?
TELEHEALTH REIMBURSEMENT FOR BEHAVIORAL SERVICES

As of September 2016

Created with mapchart.net ©

[Map showing states with different reimbursement models for behavioral services]

Behavioral Health Reimbursement
- Medicaid Fee For Service
- Private Payer
- Medicaid Managed Care
- State Pilot

CENTER FOR CONNECTED HEALTH POLICY

As of September 2016
IS THERE AN INTERSECTION FOR PRIVATE PAYERS?

PRIVATE PAYER TELEHEALTH LAWS

LAWS REQUIRING INSURANCE COVERAGE FOR BEHAVIORAL SERVICES
IS THERE AN INTERSECTION FOR PRIVATE PAYERS?

DELWARE

All health benefit plans required to provide screening, diagnosis and treatment of autism spectrum disorders for those less than 21 years of age. Treatment includes behavioral health treatment, pharmacy care, psychiatric care, psychological care, therapeutic care, speech, occupational, or physical therapists, etc.

Private payers must provide coverage for cost of health care services provided through telemedicine, and telehealth as directed through regulations by the Department. Insurers must pay for telemedicine services at the same rate as in-person.

Private payers should be covering telehealth delivered services

Autism Laws

Telehealth Private Payer Law
Every group health insurance contract, or every group hospital or medical expense insurance policy plan or group policy issued for delivery or renewed by a health insurance carrier must provide coverage for autism spectrum disorders.

A health insurer shall not exclude a health care service for coverage solely because the health care service is provided through telemedicine and is not provided through in-person consultation or contact, subject to the terms and conditions of a telemedicine agreement between the insurer and provider.

**EFFECTIVE JAN. 1, 2018**

Telehealth Private Payer Law

Private payers **MAY** cover telehealth delivered services

Autism Laws

**RHODE ISLAND**
OTHER POLICY AREAS

• Licensing/Licensing Boards
  – May put restrictions on how telehealth is used or requirements

• Privacy/Security
  – HIPAA and privacy laws still apply. Beware of state specific laws!

• Informed consent
  – Approximately half the states have specific informed consent where telehealth is involved

• Malpractice
  – Malpractice coverage
RESOURCES

• Center for Connected Health Policy
  ❖ www.cchpca.org

• Telehealth Resource Centers
  ❖ www.telehealthresourcecenter.org
THANK YOU!

MEIK@CCHPCA.ORG
Q&A/Discussion

• Have a question?
  – Use *6 to unmute your line
  – Or type your question in to the Chat Box

• Let’s hear from you!
  – Use *6 to unmute your line
  – Share a success, resource or challenge
  – Share a technical need or next steps that would be helpful to you
Thank You!

Please remember to complete the evaluation survey.
https://www.surveymonkey.com/r/PVP7HWX

Tune in for our next coffee talk!

*Kids As Self Advocates: Giving Youth a Platform to Lead* - Register Here

Call materials will be posted at: www.amchp.org/SPHARC