Promoting child well-being across cultures in Minnesota

MINNESOTA
MINNESOTA OVERVIEW

• Collaboration across state agencies and community organizations
• Learn the Signs. Act Early.
• Expanding Help Me Grow
• Increasing Screening Rates
• Tribal Communities
• Outreach to Somali Community

University of Minnesota

• Collaboration with MDH, MDE, DHS and community organizations
• Learn the Signs. Act Early State systems grants
• LEND resources
• Minneapolis Somali Autism Spectrum Disorder Prevalence Project (2013)
  – Highlighted needs within culturally diverse communities
MINNESOTA
Learn the Signs. Act Early.

• Expand Act Early delegate network
• Promote universal screening across culturally and linguistically diverse groups
• Grow community partnerships
• Collaborate with state agencies and community organizations

OUTREACH

Webinars
Healthcare providers & Working with Hmong families and Somali families

Translation of materials
Somali, Hmong
Karen (coming soon)

Special events
Head Start, Community & Cultural Events

Web presence
New website coming soon

New partnerships
Hmong Helping Hands, Arc Greater Twin Cities, Somali Parent Groups
Awareness Materials

- Podcasts (in Somali & Subtitled)
  - What is Autism or Autism Spectrum Disorders?
  - Parent story

- Translation of Act Early Materials into Somali.


Customize, customize, customize

- Universal messaging

- Connection to local resources and community groups

- Partnership with MN Help Me Grow
Act Early Delegate Network

• Partnering with MN Department of Health
• Build capacity in diverse communities and organizations
• Act Early delegates right in the culturally diverse communities
• Local organizations, parents, and providers are key to making other connections

Developmental and social-emotional screening

• Strategies to increase access to and improve developmental and social-emotional screening, referral, and follow-through practices in Minnesota
Developmental and social-emotional screening

– **Access**
  - Electronic Screening Initiative (Race to the Top – Early Learning Challenge Grant)
    – Audio versions if the ASQ-3 and ASQ:SE recorded in Hmong, Spanish and Somali languages

– **Training**
  - Cultural considerations in introducing screening to parents, talking to parents about results, referral options, and accessing/using services
  - Training for early care and education providers to support families in screening process

Expanding Help Me Grow

– Implementing the National Help Me Grow System in Minnesota
  – *Help Me Grow* is a system that works upstream to connect children & families with the services that support healthy development.
  – *Help Me Grow (HMG)* builds on existing resources.
  – *HMG* does not provide direct services. Rather, it is a system for **improving access to existing resources** and services for young children through age eight.
  – While Help Me Grow will be a resource for children and youth with special health needs, the primary focus is on promoting healthy development and early identification for all children in Minnesota.
What we have **vs.** What we **could** have

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<thead>
<tr>
<th></th>
<th>Minnesota HMG</th>
<th>National HMG</th>
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</thead>
<tbody>
<tr>
<td><strong>Purpose</strong></td>
<td>Referral for early intervention services</td>
<td>Referral to <em>full array of child development &amp; health resources</em> – to the point of connection</td>
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<tr>
<td><strong>Eligibility</strong></td>
<td>Must meet Part C or Part B eligibility criteria</td>
<td>N/A – universal access for at-risk</td>
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<tr>
<td><strong>Components</strong></td>
<td>• Central access point</td>
<td>• Central access point with telephone care coordination</td>
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<td></td>
<td>• Outreach to families &amp; providers</td>
<td>• Outreach and education for healthcare providers</td>
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<td></td>
<td></td>
<td>• Outreach &amp; networking for community</td>
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<td>• Data collection</td>
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<tr>
<td><strong>Funding</strong></td>
<td>Part C funding (MDE)</td>
<td>Interagency effort</td>
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**Who are we serving?**

• Help Me Grow will serve families of, and professionals serving, children prenatal - 8 years of age in Minnesota.

• Designed to serve the most vulnerable and at-risk families with young children who may need extra support connecting to services, while being available universally.

• A way for families of children with developmental or social-emotional concerns to connect with supportive services even (or especially) if they don’t qualify for Early Intervention services.
Promoting health equity

• A Help Me Grow system that allows multiple ways for families to connect, “no wrong door” approach
• Ongoing connection with the Cultural and Ethnic Communities Leadership Council at the Minnesota Department of Human Services and other cultural leadership groups
  - Addressing health disparities; aligning with health equity initiatives

Participation of Tribes

• Working with state Directors of Indian Health, Education, Mental Health, MN Indian Affairs Council, MN Tribal Resources for
• Tribal and Urban Al Help Me Grow Summit
  – June 10, 2015
  – Conversation: How does this fit with tribal and urban Al communities?
    • Potential for improved connection to services for children not eligible for Early Intervention
    • Potential to increase others’ awareness of tribal early childhood/family services
Engaging with parents

• Go to where parents are, use existing opportunities to engage parents
• Parent members on the Help Me Grow Leadership Team
• Plan and implement with parent and family involvement – parent participation and partnership is necessary to create a system that works for children and families

Engaging Somali Parents

• On November 2013 Somali Parents’ Autism Network support group was formed.
  – Peer to peer outreach and education
  – Disseminated translated CDC/Way to Grow ACT Early Learn the signs material.

• Cultural competency training/Autism basics and trends in multi-cultural families in MN provided to autism service providers (including Counties, School district, Autism CTSS providers, Dev. Pediatricians).
  – Provide resources and information relevant for Multi-Cultural communities of children with Autism including CDC/Way to Grow ACT Early.
Success Story/Noah

Noah
**Minnesota Team Contact Information:**

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