**0-2 Months**
- Pay attention to faces; begin to follow things with my eyes; begin to act bored or fussy
- Begin to smile at people; briefly calm myself; try to look at my parent
- Coo and make gurgling sounds; turn my head toward sounds
- Hold my head up; make smoother movements with arms and legs

**2 Months**
- Let you know if I am happy or sad; respond to affection; recognize familiar people and things at a distance
- Smile spontaneously; like to play with people; copy movements and expressions
- Start to babble with expression and copy sounds; cry in different ways to show hunger, pain, or being tired
- Hold my head steady, unsupported; push down on legs when feet are on a hard surface; bring my hands to my mouth

**4 Months**
- Look around at things nearby; show curiosity about things and try to get things that are out of my reach
- Recognize familiar faces; begin to know if someone is a stranger; enjoy looking at myself in a mirror
- Respond to sounds by making my own sounds; string vowels together; respond to my own name
- Roll over in both directions; begin to sit without support; when standing, support my weight on my legs and I might bounce

**6 Months**
- Watch the path of a falling object; play peek-a-boo; pick up things between my thumb and index finger
- Sometimes be afraid of strangers; be clingy with familiar adults; have favorite toys
- Understand "no"; make a lot of different sounds; copy sounds and gestures; use my fingers to point at things
- Stand, holding on to something; sit without support; pull myself up to stand; crawl

**9 Months**
- Respond to simple spoken requests; use simple gestures; make sounds with changes in tone (sounding more like speech)
- Turn to the right picture or thing when it's named; copy gestures; start to use items correctly
- Cry when parent leaves; have favorite things and people; show fear in some situations; put out my arm or leg to help with dressing
- Get to a sitting position without help; take a few steps without holding on; maybe stand alone

**1 Year**
- Find hidden things easily; look at the right picture or thing when it's named; copy gestures; start to use items correctly
- Cry when parent leaves; have favorite things and people; show fear in some situations; put out my arm or leg to help with dressing
- Pay attention to faces; begin to follow things with my eyes; begin to act bored or fussy
- Let you know I am happy or sad; respond to simple spoken requests; use simple gestures; make sounds with changes in tone (sounding more like speech)
- Stand on tiptoe; kick a ball; run; climb onto and down from furniture without help; throw a ball overhand

**18 Months**
- Point to one body part; scribble on my own; can follow 1-step verbal commands without any gestures; identify what ordinary things are (for example, telephone, brush, spoon)
- Have temper tantrums; play simple pretend, such as feeding a doll; point to show others something interesting
- Say several single words; say and shake my head "no"; point to show someone what I want
- Walk alone; walk up steps and run; pull toys while walking; help undress myself; drink from a cup; eat with a spoon
- Sand to fine tools at a task; hold my head up; make smoother movements with arms and legs
- Hold my head steady, unsupported; push down on legs when feet are on a hard surface; bring my hands to my mouth

**2 Years**
- Point to things or pictures when they are named; name familiar people and body parts; follow simple instructions; repeat words overheard in conversation
- Park at the playground; use one hand more than the other; copy others; get excited when I am with other children; show more independence; show defiant behavior
- Point to things or pictures when they are named; name familiar people and body parts; follow simple instructions; repeat words overheard in conversation
- Stand on tiptoe; kick a ball; run; climb onto and down from furniture without help; throw a ball overhand
A Child Development overview for Families and Caregivers for children ages 0-2

Please note that this is only a guide adapted from the Center for Disease Control (CDC) Learn the Signs, Act Early Campaign. If you have additional questions, want to complete a developmental screening or need further information regarding your child's development, contact your local Help Me Grow initiative.
Una Guía del Desarrollo Infantil para Padres y Cuidadores para niños de 0-2 años de edad

Este documento se refiere a las etapas de desarrollo de la campaña Conozca las Señales, Actúe Temprano del Centro para el Control y la Prevención de Enfermedades (CDC). Si tiene preguntas adicionales, quiere completar una prueba de desarrollo o necesita información adicional llame al programa Help Me Grow.