Goal: Outreach to culturally diverse communities using “Learn the Signs, Act Early” Materials with an end goal of increasing screening rates in diverse communities.
MN Act Early Website

www.ltsae.umn.edu
Translated materials

HelpMeGrowMN.org
1-866-693-4769

Translated materials

Translated materials

Translated materials

Translated materials

Translated materials

Translated materials

Translated materials

Translated materials

Translated materials

Translated materials

Translated materials
Somali Act Early Translations

Ilmahaagu marka uu 4 afar sano jiro

Waxa ay Carruurutu da’daan ku samayn karaan

Ilmahaaga markuu 2 bilood jirsoo

Waxa ay carruurtu sameeyaan da’daan

Bulshaynta/Caadifadda

- Jecel in sameeyo waxaabo cusub
- Siyaabo fana badan u siyaarasta yeeliyo yeedka
- Intuu kujiis cijaari laanaa waxa uu ka jeclayhahin u ta siyaaro carruurta kale
- Ta xaatana ama wax la qeybsada ilmaha kale

- Iska yeel yeeddha “hooyo” ama “aabbe”
- Aanaan si filiicna u kala cadeyn Karin wixii dhab ah fyo waxaanabaha khayaadiga ah
- Ka hadashaa badanaabha waxa ay jocshahay fyo waxa ay xisaan yayo

Bulshonnimo/qiirysan

- wax yarba wuul is degeen karaa (laga yaabaa inuu gaamaha afka galiyo, suulka na nuugo)
- Bilabaa inuu dadka u dhoolladdii caddeeyo
- Isku dayaa inuu eego waaladkaa

Luqada iyo Xiriirka

- Indhanka wuul raaca dadka hadaaqna wuul sameeyaa
- Meeshii uu sharqan ka magl waxa uu fiirliya ama u jeedsadaa
Somali Outreach

• Podcasts (in Somali & Subtitled)
  • What is Autism or Autism Spectrum Disorders?
  • Parent story
  • Importance of Early Screening

• Translation of Act Early Materials into Somali.

• Numerous outreach events in Somali Community.

• **Parent Led** Webinar: “Building Connections with Somali Families: Culturally Competent Approaches to Child Development.”
The MN LEND and MN Act Early are partnering on innovative community outreach projects to promote early screening in diverse communities using the "Learn the Signs. Act Early." materials and resources. The MN Act Early Delegate Network recruited and trained Hmong, Somali, and Latino delegates to conduct outreach on the importance of developmental monitoring, developmental screening, and acting early if there are any concerns. In October 2015 the MN Act Early Delegate Network held an October 2015 Community Kick Off, where two MN LEND Fellows, Barite Gemada and Ashwak Hassan, became inspired to help promote early screening in their respective Oromo and Somali communities. Barite, who noted the absence of an Oromo Act Early delegate, decided to step into this role. Oromo is one of the largest East African communities in the Twin Cities. Barite is partnering with Ashwak, who additionally hopes to destigmatize mental illness, to create an Oromo and Somali video for YouTube and social media that promotes the importance of early screening and intervention as part of their MN LEND work.
HMONG Act Early Materials
Outreach in Hmong Community

- Customized and translated materials in Hmong

- Partnership with Hmong family organizations (e.g. Hmong Helping Hands)

- Numerous outreach events at very large Hmong cultural events (e.g. Hmong New Year, Hmong 4th of July Festival)

  https://lend.umn.edu/forums/hmongconnections.asp
OUTREACH MATERIALS
Act Early Delegate Meetings
Outreach Events

Hmong Resource Fair at the Eastside St Paul YMCA

Hmong New Year in St. Paul, MN

Somali delegate at Act Early retreat

Help Me Grow Latino outreach
Presentations

Building the Act Early Network in Diverse Communities in Minnesota
Jennifer Hali-Lande, PhD, Anab A. Gulaid, MPA, & Kelly Nye Lengerman, PhD
University of Minnesota, Institute on Community Integration

Minnesota Act Early History
2011-2013 State systems grant awardee
Building an Act Early delegate network across state and in diverse communities to promote developmental screening and Act Early Campaign.

2013 Minneapolis Somali Autism Spectrum Disorder Prevalence Project
Study examined ASD prevalence rates in Minneapolis while looking closely at ASD rates in the Somali community. Outreach with Somali families with "Learn the Signs, Act Early" message.

Partnership with Minnesota Department of Health
Increase Act Early network in diverse communities state to promote early developmental screening with the MN Act Early Campaign. Provide resource and compensation to delegates.

Project Goals
Goal: To promote early screening and identification of neurodevelopmental disabilities in culturally diverse communities through focused outreach of the LTSAE campaign message.

Act Early Initiatives
What is "Learn the Signs, Act Early."
CDC’s "Learn the Signs, Act Early." program aims to improve early identification of children with autism and other developmental disabilities so children and families can get the services and support they need. The program components include:

- Health education campaign
- Act Early initiative
- Research and evaluation

Outreach
Selected Outreach Activities:
- Webinars promoting to cultural approaches to child development
- Outreach events in diverse communities (Head Start, parent groups, community festivals, child care)
- Recruit Act Early delegates from diverse communities (e.g. Somali, Hmong, Latino)
- Customize Act Early materials for local diverse communities
- Conversation pieces (e.g. Act early ducks, stress balls) to facilitate conversation about child development

Acknowledgements
MN Act Early work is made possible through the generous contributions of:
- AMCP State System Grant
- CDC Act Early Ambassadorship
- MN Leadership Education in Neurodevelopmental Disabilities & Related Conditions (LEND)
- Research and Training Center on Community Living (RTC-CL)
- MN Department of Health Outreach and Community Support Grant
Newsletter Publications

Act Early Network News
Learn the Signs. Act Early.

LENDD
Leadership Education in Neurodevelopmental Disabilities

University of Minnesota
Driven to Discover™

AUCD 360
News from Around the Network

Institute on Community Integration (UCEDD)
College of Education and Human Development
University of Minnesota

American Academy of Pediatrics
MNAAP Newsletter

Minnesota Pediatricians: November 2015
Developmental Screening in Culturally Diverse Communities

HPV Vaccine: Helping Parents Separate Facts from Fallacy

Dr. Yvonne Cheung, MBA, MME, Mango Clinic
Thank You AMCHP!