The CAST-5 Song

By Barbara Ritchen,
Adolescent Health Coordinator for the Colorado Title V Program
And CAST-5 pilot test participant

(Sung to the tune of "Blowing in the Wind")

Capacity Assessment for State Title V
Also known as CAST-5
Helps the states assess their own
MCH Program
The goal is helping every state
Build capacity so we’re first rates
In improving maternal and child health
In improving maternal and child health

The essential functions of MCH
Are the basis for the template
What we do, need in place and to what end
Predicts the trend
Assessing organizational environment, capacity and effects
Might at first seem quite complex
To improve maternal and child health
To improve maternal and child health

The CAST-5 process takes some time
The SWON analysis is really fine
Assessing strengths and weakness, opportunity and need
Helps us indeed
Improved health of women and children is our goal
Being leaders is our role
In improving maternal and child health
In improving maternal and child health