

Getting Real with RAAPS

How RAAPS is Transforming Adolescent Risk Screening

RAAPS is a standardized, validated risk screening tool designed especially for the needs of adolescents. The short, 21-item RAAPS survey can be administered within an integrated, cloud-based delivery system or as a stand-alone paper survey.

The RAAPS system was developed to address the most common barriers to adolescent risk screening:

- Time
- Provider experience and comfort across multiple risk behavior topics
- Lack of risk-reduction counseling tools
- And, perhaps most importantly – teen engagement.

RAAPS was developed by a team of researchers and multi-disciplinary clinicians at the University of Michigan with strong teen involvement every step of the way. We worked with teens directly, to gather their feedback on the risk behavior questions, corresponding health messages, and design of the RAAPS system. This makes the RAAPS interface more engaging, and improves honesty by helping teens feel more comfortable understanding and answering sensitive questions.

This approach led to some **innovative features that increase engagement and effectiveness for adolescents and the professionals working with them.**

For Adolescents:

- RAAPS cloud-based survey can be completed on any device with internet access – like an iPad, or droid tablet (even Kindles!)
- Audio and multi-lingual options are available to help improve health literacy – which is especially important among underserved populations



For Professionals:

- Evidence-based talking points are available to help professionals in their discussions with teens
- Electronic summaries of identified risky behaviors with drop down options for documentation of the corresponding counseling
- Reports on your population by age, risk factor, demographics, and over time to identify needs and outcomes

To date **over 70,000 youth across the United States have taken RAAPS** using the integrated cloud-based system.

To learn more about RAAPS innovative approach for engaging teens and improving the effectiveness of risk counseling visit www.RAAPS.org

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"Teens don't bring up issues of risk on their own; the RAAPS allows us to get inside the heads of our teens. Teens like the privacy of RAAPS and expect an electronic format to answer questions. Overall, the RAAPS system has become a "must-have application" for the center - a critical factor in achieving its goals and objectives."

Center for
Family Health

Side-by-Side Comparison: A Review of Adolescent Risk Assessments

	University of Michigan <u>RAAPS</u>	American Medical Association <u>GAPS</u>	American Academy of Pediatrics <u>Bright Futures</u>
Number of questions	21	61-72	44-50
Electronic format	YES	NO	NO
Data collection and reporting features	YES	NO	NO
Evidence-based counseling messages	YES	NO	NO

RAAPS Benefits:

Short survey...



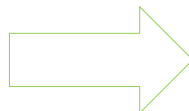
- Less survey fatigue
- Higher participation rates
- Less time reviewing

Tech-based, youth-friendly...



- More honest responses
- Important risks identified
- More meaningful data

Counselor resources...



- Support to ensure counseling that is:*
- Consistent
 - Evidence-based
 - Effective and measurable

Cloud-based platform...



- No installation; start right away
- No IT or tech support needed
- **Individual and Population-based Risk Data Immediately available**