



How Medicaid intersects with clinical medical systems/How to partner with your Medicaid agency

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❖ The AYAH Center is pleased to announce the new group of AYAH-CoIIN states: Indiana, Maryland, Minnesota, New Hampshire, New Jersey, Washington and Wyoming! To learn more about this cohort, check out the [CoIIN Corner section](#) of this bulletin or [click here](#).

❖ The AYAH Center recently held a session at the 2017 AMCHP Annual Conference in Kansas City, Missouri! The session was called “Fostering Innovation and Collaboration Through Title V to Advance Adolescent and Young Adult Health.” To see the slides, materials and video of the conference session, [click here](#).

Greetings from the Adolescent and Young Adult Health National Resource Center (AYAH Center)!

Your friends and colleagues are pleased to be sharing our bi-monthly newsletters with you. Throughout the year, we will use this newsletter to:

- Provide information about trending topics in adolescent and young adult health and health care
- Share our resources, including resources from the Collaborative Improvement and Innovation Network (CoIIN)
- Keep you up-to-date about upcoming events related to adolescent and young adult health and health care

To subscribe to the newsletter, email Karissa Charles at kcharles@amchp.org. We welcome your ideas and feedback, and you are free to unsubscribe at any time.

From the Experts

Partnering with Medicaid to Improve Adolescent Health: Lessons Learned from Improvement Partnerships

State governments, insurers, and practitioners are just some of the stakeholders who share an interest in improving adolescent and young adult (AYA) health care quality and health outcomes.

Collaboration between public health agencies and primary care practices can enable progress towards elusive public health goals such as improving immunization delivery or well-visit rates for AYAs.

State Medicaid programs have vested interests in improving health care delivery for children and adolescents, but they have little capacity to effect change at the practice level. Improvement Partnerships (IPs) represent a successful model of partnering with Medicaid and other stakeholders to improve the quality of child and adolescent health.

Improvement partnerships (IPs) are durable state or regional collaborations among public and private partners that foster and support the development of local infrastructure and capacity for practice-based quality improvement (QI). IPs bring together key players from across the health care landscape, including health care professionals and organizations, state government agencies and programs (including public health professionals), academic institutions, Medicaid and other health care





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❖ The AYA Center is now offering monthly, interactive web-based trainings and discussion forums focused on creating youth-centered care and well-visit youth marketing! These trainings will allow state MCH professionals and colleagues to connect, explore and share ideas about what works to improve health care for youth. Check out the recording of Session no. 1: [Millenials and Founders = market "disrupters"](#) and sign-up for future sessions in the [Save the Date section](#).

Save the Date

❖ [Conference on Adolescent Health](#)
Apr. 24-25, 2017. Ann Arbor, MI.
Join the Adolescent Health Initiative and other healthcare and public health professionals to learn about adolescent health-related research, evidence-based practices related to adolescent health topics such as mental, sexual and nutritional health, and evidence-based communication skills for working with adolescents.

payers, policymakers and parent/consumer organizations. They work with primary care practices to improve health care delivery, using quality improvement science and systems-based approaches. Improvement Partnerships have successfully collaborated with Medicaid in over 20 states across many different health initiatives.

Strategies learned from Improvement Partnerships to engage Medicaid in their QI work include:

1. **Identify Common Ground.** Meet with Medicaid representatives and emphasize the shared goal of improving AYA health. During your discussion, move from the general to the specific as you identify mutually beneficial ways to coordinate efforts.
2. **Speak to the needs of Medicaid.** Recognize that Medicaid is an organization interested in improving child and adolescent health. If you represent a group or organization doing work to improve AYA health and health care quality, you are in a position to make things happen that meet Medicaid's goals. Set up a meeting with Medicaid representatives and try to elicit Medicaid's agenda as it relates to AYA health and identify how you can align your work to address their goals. Keep in mind that insurers, such as Medicaid, are particularly interested in projects that focus on Healthcare Effectiveness Data and Information (HEDIS) measures for primary care, so identify how your work could affect those measures.
3. **Coordinate efforts.** Coordinate your efforts with others working on the same topic to develop shared strategies and common solutions, thereby minimizing redundancy of efforts and ultimately resulting in broader impact. Relay the accomplishments of you and your partner organizations to Medicaid to give a concrete picture of the potential benefits of Medicaid's support on your work.
4. **Share ownership and credit.** In all written and verbal communication about the work, acknowledge the contributions of Medicaid. Share all results with Medicaid representatives and allow them to present and distribute the work to their partners and stakeholders.

State Medicaid agencies want quality health care and service for their enrollees. As Judy Shaw, director of the Vermont Child Health Improvement Program, says, "The key to a successful partnership [with Medicaid] is to identify how you can be the solution to someone else's problem." Once you have identified how your work can support Medicaid's goals, you have established a foundation for collaboration.



**Rachel Wallace-
Brodeur, MS, Med**
Project Director,
Vermont Child Health
Improvement Program



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Save the Date

❖ [SPHARC Virtual Coffee Talk - Kids As Self Advocates: Giving Youth a Platform to Lead](#)

April 28, 2017. 12-12:30pm EST

Join the State Public Health Autism Resource Center (SPHARC) and your peers for a virtual coffee talk in honor of Autism Awareness Month! This coffee talk will feature Matthew Shapiro, chair of the Kids as Self Advocates board, and will provide an overview of KASA, key strategies and initiatives used to engage and empower youth with autism or other disabilities to lead, and an open forum among all attendees around this topic. To register for this virtual coffee talk, [click here](#).

❖ [National Conference on Health Disparities](#)
May 3-7, 2017. New Orleans, LA.

Participate with health professionals around the country to learn ways to reduce health disparities through sustaining and strengthening healthy communities.

Selected Resources From AYAH Center



Check out resources the AYAH Center has for you on building partnerships with Medicaid and other entities!

- [Establishing a Child Health Improvement Partnership: A How-To Guide \(NIPN\)](#): This 2015 guide covers how to plan, identify and establish public-private partnerships to improve child health. Example partners covered in this guide include: practice and hospital-based health care professionals, state government agencies and programs (e.g., state Medicaid office), academic institutions and many more.
- [System Capacity Tool for Adolescent Health \(AMCHP/SAHRC\)](#): This tool offers a set of assessment and discussion tools designed to assist state maternal and child health programs in assessing six areas of capacity to support effective state adolescent health programs.

CoIIN Corner



The AYAH Center is pleased to announce the second round of AYAH-CoIIN states: Indiana, Maryland, Minnesota, New Hampshire, New Jersey, Washington and Wyoming! These multidisciplinary teams plan to improve adolescent and young adult health care delivery by exploring policy and insurance level changes, reviewing measurement strategies, developing trainings and resources for providers, partnering with clinics on quality improvement projects, and utilizing communications and marketing efforts. To learn more about this new cohort, [click here](#), and look out for highlights from the new CoIIN states in future bulletin issues!

The AYAH Center also wants to congratulate the first round of AYAH-CoIIN states (Iowa, Mississippi, New Mexico, Texas and Vermont) on making great strides in their project work over the last few years! The former CoIIN states will continue moving their work forward separately, and some have also committed to a mentorship role for the new round of CoIIN states. See Iowa's, New Mexico's, Texas' and Vermont's final highlights as they wrap up their project work.



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❖ [Co-Creation > youth engagement?](#)

May 16, 2017. 2-3:30 p.m. EST

Join your peers and the AYA Center's Glynis Shea (Communications Director, Konopka Institute for Best Practices in Adolescent Health at the University of Minnesota) and engage in a discussion about flipping our approach to youth engagement and messages.

❖ [Relevance = experiences plus sharing](#)

June 13, 2017. 2-3:30 p.m. EST

Join your peers and the AYA Center's Glynis Shea to learn how to "reach" young people with your message by making that message relevant to your target audience.

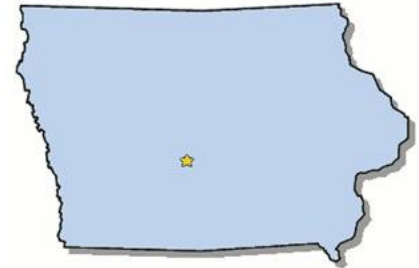
❖ [2017 National School-Based Health Care Convention](#)

June 18-21, 2017. Long Beach, CA.

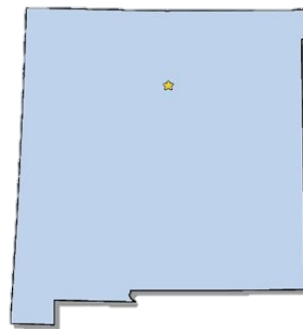
Join school-based medical, nursing, mental health, and dental care professionals and advocates to hear from industry experts as well as learn best practices to improve your program.

Iowa

Mary Greene and Addie Rasmusson from the Iowa AYA ColIN team presented a workshop session at the 2017 Iowa Governor's Conference on Public Health. Their session, "Communicating the Importance of the Well Visit for Adolescents and Young Adults in Iowa," featured findings and lessons learned from their focus groups consisting of parents/caregivers and youth on their perceptions, awareness and perceived benefits of the adolescent well-visit. Mary and Addie had previously shared this piece of their work on various ColIN national strategy team calls and were featured in the [September/October issue of PULSE](#). To see Iowa's report summary, [click here](#).



New Mexico



ColIN members Tessa Medina-Lucero and Xavier Barraza played an instrumental role at the Center's session at this year's AMCHP annual conference. Xavier introduced a new method for facilitating conversation among ColIN 1 participants called a "Samoan Circle." Tessa and Xavier also shared their successful youth engagement efforts, which proved of particular interest to the group.

Texas

The Texas AYA ColIN promotes Medicaid's Texas Health Steps' award-winning Online Provider Education/OPE (www.txhealthsteps.com). OPE was established to provide easy-access training for health care providers on relevant issues, but anyone can take the courses. There are over 60 [free](#) CE-accredited courses available that cover a broad array of health topics. These topics range from wellness and prevention essentials, like adolescent health screening, to specialized courses about identifying and treating young





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❖ [2017 National Sexual Health Conference](#)

July 6-8, 2017. Denver, CO.

❖ Attend the 2017 National Sexual Health Conference where the varied disciplines of education, advocacy, clinical care and others come together to share information, efforts and best practices around sexual health across the lifespan.

❖ [UMN Summer Institute: Birds, Bees and Ongoing Buzz: Families Talking with Teens about Sexuality](#)

July 24-26, 2017. University of Minnesota, Minneapolis.

Attend the UMN Summer Institute to gain an understanding of working with parents across cultures and contexts, and consider evidence-based strategies with diverse populations, including youth with special health care needs. This year's institute features Vincent Guilamo-Ramos, PhD, MPH, LCSW, RN, ACRN, founder of the [Center for Latino Adolescent and Family Health](#).

people with high-risk behaviors or adolescent substance use. Texas Health Steps also provides case studies, podcasts and quick courses (not accredited) if time is an issue.

Vermont



The Vermont team is excited to report that the VT Youth Health Advisory Council is gaining momentum and hitting its stride. In the past month, the council has recruited two new members and now has a core group of engaged youth attending monthly meetings. Its members have created marketing flyers for clinics, provided input on the redesign of a clinic's pre-visit screening questionnaire, and raised awareness around the importance of recognizing preferred names and pronouns in EHR systems in a local medical group. Says Vermont, "Our youth are extremely enthusiastic about having their voices heard and working with our sites!"

From the MCH Community



See what the MCH community has to offer on Medicaid and how to partner with Medicaid!

- [Understanding Medicaid Claims and Encounter Data and Their Use in Payment Reform](#) is a publication that analyzes the fee-for-service system in Medicaid claims to Medicaid providers and how to improve payment reforms to enhance patient care. The publication also outlines state examples of implemented payment reform models.
- [Engaging Adolescents Through the Medicaid Benefit for Children and Adolescents](#) is a webinar, by NASHP, providing a federal perspective on opportunities and promising strategies to leverage the Medicaid benefit for children and adolescents to better engage and meet the needs of adolescents.
- [EPSDT Resources to Improve Medicaid for Children and Adolescents](#) is an interactive resource page to access a variety of state specific information about strategies for delivering Medicaid benefits to children and adolescents across the U.S.



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❖ [2017 National Conference on Health and Domestic Violence](#)

Sept. 26-28, 2017. San Francisco, CA.

Connect with the nation's leading medical, public health and family violence experts from across the U.S. with increased international participation to advance the health care system's response to domestic violence.

Quick Links

- ❖ [AMCHP](#)
- ❖ [NAHIC](#)
- ❖ [NIPN](#)
- ❖ [SAHRC](#)

- [Facilitating Access to Health Coverage for Juvenile Justice-Involved Youth](#) is a report that outlines several strategies for ensuring uninterrupted health care coverage for system-involved youth. The report also provides examples of strategies that have been implemented in states throughout the country.
- [Addressing Adolescent Health: The Role of Medicaid, CHIP, and the ACA](#) is an issue brief that describes how the Affordable Care Act and public programs such as Medicaid and the Children's Health Insurance Program can address the needs of low-income adolescents.
- [How are CHIPRA Quality Demonstration States working to improve adolescent health care?](#) is an evaluation highlight that summarizes findings, conclusions, implications and lessons learned from the work of the Children's Health Insurance Program Reauthorization Act of 2009 (CHIPRA) quality demonstration states.

Upcoming Newsletter Issue



Stay tuned for the June/July issue: *Equity/Social Determinants of Health!*

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