

Virginia

Maternal and Child Health Block Grant 2013

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. Title V provides funding to state maternal and child health (MCH) programs, which serve 44 million women and children in the U.S. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to Virginia

FY 2012	FY 2013 (Estimate)	Difference in Federal Funds*
\$12,160,138	\$12,145,350	-\$14,788

Title V Administrative Agency:

Office of Family Health, State Department of Health
 Estimated State Funds, FY 2013: \$9,470,031

*States must provide a three dollar match for every four Federal dollars allocated.

Protecting and Improving the Health of Virginia's Families

Children with Special Health Care Needs — One of the most vulnerable populations, children with special needs, receive a large proportion of block grant funds. The MCH program assures and coordinates health services on an individual basis through its Care Connection for Children network, child development clinics, bleeding disorders program, sickle cell centers, and genetics and metabolic treatment centers. The Care Connection for Children program provides care coordination services, family to family support, and some financial assistance to children with special health care needs.

Family Health — District and local health departments provide clinical services to low-income women, infants and children. Services vary by location and may include prenatal and postpartum care, laboratory testing, family planning, well-child care, children's dental care, case management and prenatal genetics testing.

Prenatal and Perinatal Care — The Resource Mothers Program provides intensive home visiting services during the prenatal months through one year. The program encourages early and regular prenatal care, positive health behaviors, attending school or job training, delaying repeat pregnancies, and involving the infant's father and grandparents. Five Regional Perinatal Councils conduct Fetal and Infant Mortality Reviews and establish coalitions to address infant mortality and morbidity reduction at the local level. MCH staff also support the Virginia Health Commissioner's Infant Mortality Workgroup which is engaging key stakeholders to develop and implement innovative infant mortality prevention strategies.

Newborn Screening and Early Hearing Detection and Intervention (EHDI) — All infants are screened for twenty-eight errors of body chemistry. The MCH program tracks and follows up on all abnormal results; facilitates access to specialty services; and plans training and education for health care providers. All newborns are screened for hearing before hospital discharge. The MCH program tracks and follows up on abnormal results, assures access to audiologists for further testing, and maintains a hearing aid loan bank. A newly-implemented Guide by Your Side program matches parents of children with hearing loss to parents of newborns, identified through EHDI. Infants diagnosed through newborn screening are offered assistance through the Care Connection for Children program. Infants diagnosed with hearing loss are referred to Virginia's Early Intervention program, the Infant and Toddler Connection.

Bright Futures — As the standard of pediatric health care in Virginia, Bright Futures is integrated into provider/workforce training, and parent/family education. A new health literacy portal has been developed in partnership with the American Academy of Pediatrics — www.healthyfuturesva.com is a web-based tool that personifies Bright Futures for parents and caregivers. Bright Futures as an interagency initiative is coordinated by MCH program staff.

Nutrition — The Division of Nutrition, Physical Activity, and Food Programs promotes healthy eating habits, good nutrition, and breastfeeding to improve the quality of life for pregnant women, women that are breastfeeding, infants and children, including children with special health care needs.

Injury and Violence Prevention — MCH funding supports statewide work to prevent the leading causes of injury and violence in Virginia. Current activities include promoting infant safe sleep practices and motor vehicle safety; preventing traumatic brain injury, dating violence, and suicide among youth; and engaging women’s health providers in assessing, counseling and referral to reduce intimate partner violence.

Obesity Prevention — CHAMPION, the Commonwealth’s Healthy Approach and Mobilization Plan for Inactivity, Obesity, and Nutrition, is a statewide obesity prevention program focusing on proven strategies, creating a healthy nutritional environment, and emphasizing physical activity to improve the health of all Virginians. Through community engagement, CHAMPION has begun implementing strategies to incorporate physical activity for children 2-5 years old, to promote lactation support services, and targeting communities, families, and worksites in each region of Virginia.

- Improve access to health care services for children and youth with special health care needs by promoting medical home in practice
- Promote independence of young adults with special health care needs by strengthening transition supports and services
- Reduce infant mortality
- Reduce injuries, violence, and suicide among Title V populations
- Decrease childhood hunger
- Decrease childhood obesity
- Increase access to dental care and population-based prevention of dental disease across the lifespan
- Support optimal child development

Grants to Virginia*

State Implementation Grants for Integrated Community Systems for CSHCN
 VIRGINIA DEPARTMENT OF HEALTH
 Richmond, VA
 \$294,142
 (State Implementation Grants for Integrated Community Systems for CSHCN)

Healthy Tomorrows Partnership for Children Program
 CHILD HEALTH INVEST PTNR
 ROANOKE, VA
 \$35,555
 (Healthy Tomorrows Partnership for Children Program)

STATE SYSTEMS DEVELOPMENT INITIATIVE
 VIRGINIA DEPARTMENT OF HEALTH
 RICHMOND, VA
 \$97,260
 (State Systems Development Initiative)

First Time Motherhood/New Parents Initiative
 VIRGINIA DEPARTMENT OF HEALTH
 RICHMOND, VA
 \$326,955
 (First Time Motherhood/New Parents Initiative)

Family Professional Partnership/CSHCN
 VIRGINIA COMMONWEALTH UNIVERSITY
 RICHMOND, VA
 \$95,700
 (Family Professional Partnership/CSHCN)

Leadership Education in Neurodevelopmental and Related Disorders Training Program
 VIRGINIA COMMONWEALTH UNIVERSITY
 RICHMOND, VA
 \$584,773
 (Leadership Education in Neurodevelopmental and Related Disorders Training Program)

People Served by the Virginia MCH Program*

Title V population-based preventive and systems building services benefit all women and children in the state. In addition, the MCH Block Grant provided direct services to the following individuals:

12,654	pregnant women
102,934	infants under one
52,691	children and adolescents
10,567	children with special health care needs
49,306	others
228,152	total served

*2010 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

For more information, contact:

Maternal & Child Health

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Children with Special Health Care Needs

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Health Needs in Virginia

