North Dakota

Maternal and Child Health Block Grant 2016

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. Title V provides funding to state maternal and child health (MCH) programs, which serve 42 million women and children in the U.S. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to North Dakota

<table>
<thead>
<tr>
<th>FY 2013</th>
<th>FY 2014</th>
<th>FY 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>$1,706,654</td>
<td>$1,752,370</td>
<td>$1,734,089</td>
</tr>
</tbody>
</table>

Title V Administrative Agency:
Division of Family Health
North Dakota Department of Health

*States must provide a three dollar match for every four Federal dollars allocated.

Protecting and Improving the Health of North Dakota’s Families

Infant Safe Sleep — Cribs for Kids ® is a safe-sleep education and distribution program for low-income families to help reduce the risk of injury and death of infants due to unsafe sleep environments. The program addresses specific situations dealing with socioeconomic issues such as crib affordability and cultural practices such as bed sharing and secondhand smoke. Currently, there are 13 distribution sites statewide.

Infant Mortality – As part of ND’s Collaborative Improvement and Innovation Network (ColIN) Initiative, the following priority areas have been identified: a multi-system approach ensuring families engage in safe sleep practices; reduce commercial tobacco use and second hand smoke exposure; increase rates of prenatal care; improve family capacity to protect and promote their own health; address impacts of social determinants of health; and increase access to and quality of prenatal care and maternal care.

Newborn Screening and Follow-up — This program identifies infants at risk and in need of more definitive testing to diagnose and treat affected newborns. Program objectives include assurance that all infants testing outside of normal limits receive prompt and appropriate confirmatory testing, and the development and provision of education to health care providers, families and communities. Regional collaboration is also provided for ND, SD and Iowa focusing on quality assurance and education. Longer term follow-up is supported through provision of metabolic food, multidisciplinary clinics and care coordination services. Currently, over 40 conditions/disorders are included in the newborn screening profile.

Children with Special Health Care Needs — Children's Special Health Services pays for medical services for eligible children, funds clinics that support coordinated management of different types of chronic health conditions, and provides medical food for individuals with metabolic disorders. The division operates an information resource center and supports community-based care coordination programs to help families’ access needed services. CSHS also supports special initiatives and data activities that lead to an enhanced system of services.

Suicide Prevention Program — The overall goal of the Suicide Prevention program is to reduce the number of attempted and completed suicides. In recent years, the state has provided fiscal support for suicide prevention. Activities focus on building awareness and supporting early intervention strategies such as the Lifeline call back program which provides crisis intervention planning and referral to resources for longer-term support.
People Served by the North Dakota MCH Program*

Title V population-based preventive and systems building services benefit all women and children in the state. In addition, the MCH Block Grant provided services to the following individuals:

- 6,768 pregnant women
- 16,683 infants under one
- 49,751 children and adolescents
- 4,112 children with special health care needs
- 9,885 others
- 87,199 total served

*2014 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

Health Needs in North Dakota

- Reduce the rate of deaths resulting from intentional and unintentional injuries among children and adolescents.
- Reduce violent behavior committed by or against children, youth, and women.
- Form and strengthen partnerships with families, American Indians, and underrepresented populations.
- Increase access to available, appropriate, and quality health care for the MCH population.
- Increase the number of child care health consultants and school nurses who provide nursing health services to licensed child care providers and schools.
- Form and strengthen a comprehensive system of age-appropriate screening, assessment, and treatment for the MCH population.
- Support quality health care through medical homes.
- Promote optimal mental health and social-emotional development of the MCH population.
- Promote healthy eating and physical activity within the MCH population.
- Increase participation in and utilization of family support services and parent education programs.

State Selected National Performance Measures

- Well Woman Visit
- Safe Sleep
- Developmental Screening
- Injury
- Adolescent Well-Visit
- Medical Home
- Oral Health
- Smoking

For more information, contact:

Maternal & Child Health
Kim Mertz
Director, Division of Family Health and Title V
600 East Boulevard Avenue, Dept. 301
Bismarck, ND 58505-0200
Phone: (701) 328-4528
E-mail: kmertz@nd.gov

Children with Special Health Care Needs
Tamara Gallup Lelm, RN, MPA
Director, Division of Children’s Special Health Services
North Dakota Department of Health
600 East Boulevard Avenue, Dept. 301
Bismarck, ND 58505-0200
Phone: (701) 328-2436
E-mail: tlelm@nd.gov

Grants to North Dakota*

STATE SYSTEMS DEVELOPMENT INITIATIVE (SSDI)
HEALTH, NORTH DAKOTA DEPARTMENT OF
Bismarck, ND
$100,000
(State Systems Development Initiative)

* These grants were awarded in FY 2013.