

## New Hampshire

### Maternal and Child Health Block Grant 2016

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. Title V provides funding to state maternal and child health (MCH) programs, which serve 42 million women and children in the U.S. To learn more about Title V, visit [www.amchp.org](http://www.amchp.org).

#### MCH Block Grant Funds to New Hampshire

FY 2013	FY 2014	FY 2015
\$1,914,358	\$1,915,606	\$1,986,075

**Title V Administrative Agency:**  
Bureau of Maternal & Child Health,  
Special Medical Services Bureau

\*States must provide a three dollar match for every four Federal dollars allocated.

### Protecting and Improving the Health of New Hampshire's Families

**Home Visiting** — The Home Visiting Program provides health, education, support and linkages to other community services to low income and underserved pregnant women and their families in their homes.

**Community Health Centers** — These centers, partially funded by Title V, are vital essential components of the health care system in New Hampshire and serve individuals who may otherwise not be able to access health care. Not only do they provide healthcare for all ages, but also prenatal care to pregnant women.

**Family Planning** — The Family Planning Program offers services to help a person prevent a pregnancy or to have a healthy baby. Healthcare is given to women and men of all ages and all income levels.

**Children and Youth with Special Health Care Needs (CYSHCN)** — CYSHCN rely on an interdependent relationship between the health care system--pediatric specialists and primary care providers--and Special Medical Services (SMS), the state program for CYSHCN. Children enrolled in SMS Health Care Coordination are provided an individual care coordinator who assists with management and follow-up of medical treatment and family support services (this includes monetary assistance with health related costs if the family meets financial eligibility criteria). SMS also supports the following statewide programs: Medical Home improvement, Family to Family health information & education, intake & referral, community-based nutrition, feeding & swallowing consultation, child development diagnostic clinics, neuromotor consultation clinics, psychology/psychiatry consultation, and health care transition consultation.

**Sudden Unexpected Infant Death (SUID) Program** --- This program offers information, support and resources to family and care providers of infants suspected to have died of SUID. Information and resources about reducing the risk of SUID and promoting a safe sleep environment are available to the general public and targeted groups.

**Early Childhood Comprehensive Systems** ---This program promotes comprehensive and integrated systems of care for young children to ensure that they are healthy and ready to learn at school entry.

**Pregnancy Risk Assessment Monitoring System (PRAMS)** --- is a survey that collects information on maternal behaviors and experiences just before, during and after pregnancy. The purpose of PRAMS is to improve the health of mothers and infants by reducing adverse outcomes of pregnancy, such as low birth weight, infant mortality and morbidity, and maternal morbidity.

**Injury Prevention** — The Injury Prevention Program seeks to reduce morbidity and mortality from intentional and unintentional injuries. It does this by focusing its efforts on those injuries with high rates in the state that are most amenable to public health interventions.

**Newborn Hearing and Screening** —The Newborn Hearing Program offers training and support to local hospitals to help them provide hearing screening for every New Hampshire newborn and assures that all infants born in New Hampshire are screened for potentially serious disorders and ensures immediate follow-up for abnormal results.

## People Served by the New Hampshire MCH Program\*

Title V population-based preventive and systems building services benefit all women and children in the state. In addition, the MCH Block Grant provided services to the following individuals:

1,592	pregnant women
12,288	infants under one
31,862	children and adolescents
13,994	children with special health care needs
85,369	others
<b>145,105</b>	<b>total served</b>

\*2014 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

## Health Needs in New Hampshire

- Improve access to needed healthcare services for all populations.
- Decrease the use and abuse of alcohol, tobacco, and other substances among youth, pregnant women, and families.
- Increase access to comprehensive Medical Homes.
- Improve access to mental health services.
- Decrease pediatric overweight and obesity.
- Increase family support and access to trained respite and childcare providers.
- Decrease unintentional injury.
- Improve access to standardized development/social emotional screening, assessment and follow-up for children and adolescents.

## State Selected National Performance Measures

- Well Woman Visit
- Safe Sleep
- Developmental Screening
- Injury
- Physical Activity
- Adolescent Well-Visit
- Medical Home
- Smoking

For more information, contact:

### Maternal and Child Health

Rhonda Siegel  
Administrator, Title V Director  
Maternal and Child Health Section  
29 Hazen Drive  
Concord, NH 03301  
Phone: 603-271-5931  
Email: rsiegel@dhhs.state.nh.us

### Children and Youth with Special Health Care Needs

Elizabeth Collins, RN-BC,  
Administrator/ Title V CYSHCN Director  
Special Medical Services  
129 Pleasant St  
Concord, NH 03301  
Phone: 603-271-8181  
E-mail: ecollins@dhhs.state.nh.us

## Grants to New Hampshire\*

**STATE SYSTEMS DEVELOPMENT INITIATIVE (SSDI)**  
HEALTH AND HUMAN SERVICES, NEW HAMPSHIRE  
DEPT OF  
Concord, NH  
\$100,000

**GENETICS SERVICES**  
UNIVERSITY SYSTEM OF NEW HAMPSHIRE  
Durham, NH  
\$300,000

**GENETICS SERVICES**  
UNIVERSITY SYSTEM OF NEW HAMPSHIRE  
Durham, NH  
\$593,000

**Training CED/COR Pediatric and Child Psychiatry**  
TRUSTEES OF DARTMOUTH COLLEGE  
Hanover, NH  
\$15,000

\*These grants were awarded in FY 2013.

