

## Massachusetts

### Maternal and Child Health Block Grant 2016

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. Title V provides funding to state maternal and child health (MCH) programs, which serve 42 million women and children in the U.S. To learn more about Title V, visit [www.amchp.org](http://www.amchp.org).

#### MCH Block Grant Funds to Massachusetts

FY 2013	FY 2014	FY 2015
\$10,638,687	\$10,646,937	\$11,009,429

**Title V Administrative Agency:**  
Bureau of Family Health and Nutrition  
Massachusetts Department of Public Health

\*States must provide a three dollar match for every four Federal dollars allocated.

### Protecting and Improving the Health of Massachusetts's Families

**Children with Special Health Care Needs (CSHCN)** — The Massachusetts Title V partnership provides care coordination and family support; early intervention services to 30,000 children ages birth to three years; and other specialized services for families and children with special needs, including pediatric palliative care. Families are offered multifaceted outreach and assistance to obtain benefits and services for which they are eligible. A system of regional services includes care coordination, advocacy, referral and insurance enrollment. During 2014, Massachusetts was awarded a State Implementation Grant for enhancing the system of services for CSHCN through systems integration. The goal of this project is increase the proportion of CSHCN who receive care through a patient-centered medical home by achieving a comprehensive, coordinated and integrated state and community system of services and supports for CSHCN.

**Regional Consultation Programs for CSHCN** — These programs offer assistance to early intervention programs, school systems, and birth-to-three child serving agencies to provide care to children with complex medical and technology needs.

**Universal Newborn Screening** — The state routinely screens for 30 disorders and provides optional screening for Severe Combined Immunodeficiency (SCID) and five additional disorders in the Met Pilot Study. The Title V Program provides newborn hearing screening to greater than 99% of all births in the state and develops and implements integrated data systems to ensure follow-up and identify disparities in care.

**Perinatal Health** — The Department supports protocols on critical congenital heart disease screening, safe sleep, screening for maternal substance use, and treatment of substance-exposed newborns. The Department also supports all hospitals providing perinatal services to establish Baby Friendly designations and breastfeeding guidelines. The Office of Data Translation (ODT) and the Office of Oral Health have released Perinatal Oral Health Guidelines for pregnant women and children in Massachusetts. In collaboration with the Massachusetts Perinatal and Neonatal Quality Collaborative, funded through the CDC, the Department plays a major role in the development and implementation of quality improvement projects in the state including the Collaborative Innovation and Improvement Network (CollIN) to reduce infant mortality. Finally, the Department conducts systematic maternal mortality and morbidity reviews as well as infant and child mortality reviews.

**Maternal and Infant Home Visiting** — Title V with support from the Maternal, Infant, and Early Childhood Home Visiting Program (MIECHV) funding is implementing the Massachusetts Home Visiting Initiative (MHVI). The goal of MHVI is to improve maternal and infant health, child health and development, school readiness and economic self-sufficiency through evidence-based home visiting. MHVI works with state and community partners to strengthen and enhance early childhood systems of care.

**Teen Pregnancy** — Evidenced-based models for teen pregnancy prevention are implemented in 15 high-risk communities. These medically accurate and culturally competent programs help youth to strengthen decision-making, communication and advocacy skills in addition to addressing sex-related pressures.

**School Health** — The Title V partnership funds 69 schools to provide essential school health services. The state has developed and implemented medication administration guidelines and policies for the management of allergic reactions. School health efforts are expanding to address healthy weight, emergency preparedness, head injury regulations, diabetes collaboration programs with hospitals, increasing awareness of sex trafficking as it relates to schools, support of military families, and new mental/behavioral health initiatives.

**Other Population-Based Services** — Reducing health disparities related to race, ethnicity, or language is a priority across all programs. The Title V partnership supports a poison control center, lead poisoning screening and medical case management, sudden unexpected infant death bereavement counseling, rape crisis centers, oral health screenings, basic school health services, child passenger safety, a statewide system of Pediatric Sexual Assault Nurse Examiner (SANE) services, and state and local child fatality reviews. Emphasis is placed on screening for and early identification of violence, depression, substance use, and other risk factors for chronic diseases. Programs are integrated across multiple federal categorical grants, state agencies, and private payers and providers. The Department works with other state agencies to implement developmental and behavioral health screenings and services for children, including addressing early identification, prevention, and evidence-based interventions within both medical home and community-based services. The Department collaborates with state and community initiatives focused on strengthening early childhood systems of care in Massachusetts.

**Data Systems and Analyses** — The Office of Data Translation (ODT) oversees the development and implementation of surveillance activities, program evaluations, statistical analyses, and dissemination of results to support decision making for MCH programs and policies. ODT directs several major MCH data projects including the Pregnancy to Early Life Longitudinal (PELL) data system, the Pregnancy Risk Assessment Monitoring System (PRAMS), and the State Systems Development Initiative (SSDI) program.

**Primary and Preventive Care** — The Title V partnership provides family planning services, prenatal, pregnancy and post-partum home visiting services, school-based health centers, and oral health services through community-based providers and agencies; all direct care funding is state, not federal. Programs are designed to serve those without adequate insurance and to provide non-third party reimbursable services. Programs for homeless families include assessment, referral and care coordination. Health care workforce capacity efforts support access to health care and address disparate access to care.



## People Served by the Massachusetts MCH Program\*

Title V population-based preventive and systems building services benefit all women and children in the state. In addition, the MCH Block Grant provided services to the following individuals:

15,404	pregnant women
58,392	infants under one
564,475	children and adolescents
282,642	children with special health care needs
58,993	others
<b>977,906</b>	<b>total served</b>

\*2014 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

## Health Needs in Massachusetts

- Promote health and racial equity across all MCH domains by addressing racial justice and reducing disparities.
- Promote equitable access to preventive health care including sexual and reproductive health services.
- Address substance use among women of reproductive age to improve individual and family functioning.
- Improve environments, systems, and policies to promote healthy weight, nutrition, and active living.
- Promote safe, stable, nurturing environments to reduce violence and the risk of injury.
- Reduce the impact and burden of environmental contaminants on children and their families.
- Increase connections to Medical Home for all children, including those with special health needs.
- Support effective health-related transition to adulthood for adolescents with special health care needs.
- Promote equitable access to dental care and preventive measures for pregnant women and children.
- Promote emotional wellness and social connectedness across the lifespan.

## State Selected National Performance Measures

- Well Woman Visit
- Breastfeeding
- Safe Sleep
- Injury
- Adolescent Well-Visit
- Medical Home
- Transition
- Oral Health



ASSOCIATION OF MATERNAL & CHILD HEALTH PROGRAMS

# State Profile

A SNAPSHOT OF HOW THE TITLE V MATERNAL AND CHILD HEALTH BLOCK GRANT WORKS IN YOUR STATE

## Grants to Massachusetts\*

### Healthy Tomorrows Partnership for Children Program

REACH OUT AND READ, INC.

Boston, MA

\$50,000

### Healthy Tomorrows Partnership for Children Program

CHILDREN'S HOSPITAL CORPORATION, THE

Boston, MA

\$50,000

### STATE SYSTEMS DEVELOPMENT INITIATIVE (SSDI)

PUBLIC HEALTH, MASSACHUSETTS DEPT OF

Boston, MA

\$100,000

### Epidemiological MCH/SPH Institute

TRUSTEES OF BOSTON UNIVERSITY

Boston, MA

\$27,250

### Epidemiological MCH/SPH Institute

HARVARD COLLEGE, PRESIDENT & FELLOWS OF

Boston, MA

\$27,250

### Leadership Education in Adolescent Health

CHILDREN'S HOSPITAL CORPORATION, THE

BOSTON, MA

\$376,941

### Maternal and Child Health Public Health Training Program

HARVARD COLLEGE, PRESIDENT & FELLOWS OF

Boston, MA

\$338,548

### Maternal and Child Health Public Health Training Program

TRUSTEES OF BOSTON UNIVERSITY

Boston, MA

\$338,548

### Developmental-Behavioral Pediatrics Training Program

CHILDREN'S HOSPITAL CORPORATION, THE

BOSTON, MA

\$219,087

### Sickle Cell

BOSTON MEDICAL CENTER CORPORATION

Boston, MA

\$343,202

### Sickle Cell

National Initiative For CHILDREN'S Healthcare Quality, Inc.

Boston, MA

\$771,583

### Health Insurance and Financing/CSHCN

TRUSTEES OF BOSTON UNIVERSITY

Boston, MA

\$473,000

### Integrated Community Service Systems /CSHCN

UNIVERSITY OF MASSACHUSETTS

Dorchester, MA

\$436,160

### Oral Health

MEDICAID/SCHIP DENTAL PROGRAM

REPRESENTATIVE ASSOCIATION

Sandwich, MA

\$50,000

### MCH Coop. Agrs. - Nat'l Child Fatality Review Resource Center

EDUCATION DEVELOPMENT CENTER, INC.

NEWTON, MA

\$850,000

\*These grants were awarded in FY 2013.

## For more information, contact:

### Title V and Children with Special Health Care Needs Director

Ron Benham

Director, Bureau of Family Health and Nutrition

Massachusetts Department of Public Health

250 Washington Street, 5th Floor

Boston, MA 02108-4619

Phone: (617) 624-5962

Email: ron.benham@state.ma.us

### MCH Director

Karin Downs

Massachusetts Department of Public Health

250 Washington Street, 5th Floor

Boston, MA 02108-4619

Phone: (617) 624-5967

Email: karin.downs@state.ma.us