

Iowa

Maternal and Child Health Block Grant 2016

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. Title V provides funding to state maternal and child health (MCH) programs, which serve 42 million women and children in the U.S. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to Iowa

FY 2013	FY 2014	FY 2015
\$6,327,509	\$6,332,401	\$6,477,854

Title V Administrative Agency:

Bureau of Family Health, Division of Health Promotion and Chronic Disease Prevention, Iowa Department of Public Health

*States must provide a three dollar match for every four Federal dollars allocated.

Protecting and Improving the Health of Iowa's Families

Child and Adolescent Health — Twenty-two local child health agencies provide child health service to approximately 205,360 children, ages 0 to 22 years in all 99 counties. The child health agencies serve as the community utility to link families to medical and dental homes. Through care coordination services, the child health programs help families access physical examinations, vision and hearing screening, dental education and referral. They may also provide gap filling services, such as, immunizations, developmental, nutrition and psychosocial screenings, and laboratory tests including blood lead testing. The program is a collaborative effort between Iowa's Medicaid agency and state and community Title V programs.

Maternal Health — Twenty-one local maternal health agencies provide maternal health services to approximately 8,817 low-income pregnant women. The maternal health agencies serve as the community utility to link pregnant women to prenatal care. A wide range of

health education and support services are available to low-income pregnant women, such as risk assessment, psychosocial screening, oral health screening, delivery planning and presumptive eligibility. The maternal health agencies also provide care coordination to promote early entry into care.

Oral Health — The Title V oral health program coordinates the I-Smile™ dental home initiative, which develops partnerships, builds referral systems, promotes oral health, provides care coordination for families, provides preventive services, and educates the public about the importance of early and regular dental care. I-Smile™ also interfaces with medical providers, offering trainings on conducting oral screenings and applying fluoride varnish to children younger than age 3 and emphasizing referrals for dental visits by age one. In FFY13, over 46 percent of Medicaid eligible children in Iowa ages 0-5 years received a dental service. The oral health program also implements several school-based dental sealant programs, targeting schools with low-income, uninsured, and underinsured children.

Children and Youth with Special Health Care Needs

— Administered by Child Health Specialty Clinics (CHSC) in the University of Iowa Stead Department of Pediatrics, this program serves children and youth with special health care needs (CYSHCN), including those with or at risk for chronic illness, behavioral/emotional problems or developmental delay. The CHSC vision is to assure a system of care for Iowa's CYSHCN, and includes the following four components: 1) clinical services to children and youth when services are not already available in the community; 2) care coordination; 3) family-to-family support; and 4) infrastructure/systems-building to improve the health care system. CHSC partners with families of CYSHCN at all levels of decision-making. An extensive community-based Family Navigator Network provides problem-solving and emotional support to families of CYSHCN.

There are 14 community-based regional centers, four satellite centers, and one central office site. Regional Centers provide family-to-family support, care coordination, and gap-filling clinical services. Telehealth is utilized to increase access to specialty services for families.



People Served by the Iowa MCH Program*

Title V population-based preventive and systems building services benefit all women and children in the state. In addition, the MCH Block Grant provided services to the following individuals:

8,188	pregnant women
38,718	infants under one
50,345	children and adolescents
1,943	children with special health care needs
99,194	total served

*2014 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

Health Needs in Iowa

- Improve access to care for the MCH population.
- Improve dental deliver strategies for MCH population.
- Improve breastfeeding support.
- Improve adolescent health care systems coordination.
- Improve access to quality child care.
- Improve physical activity for MCH population.
- Improve developmental screening and surveillance.
- Improve care coordination for CYSHCN.
- Improve transition planning for CSHCN.
- Improve integration of services for CYSHCN.

State Selected National Performance Measures

- Well Woman Visit
- Breastfeeding
- Developmental Screening
- Bullying
- Adolescent Well-Visit
- Medical Home
- Transition
- Oral Health



For more information, contact:

Maternal and Child Health

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Children and Youth with Special Health Care Needs

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Grants to Iowa*

State Implementation Grants for Integrated Community Systems for CSHCN
UNIVERSITY OF IOWA, THE
Iowa City, IA
\$900,000

State Systems Development Initiative (SSDI)
PUBLIC HEALTH, IOWA DEPARTMENT OF
Des Moines, IA
\$100,000

*These grants were awarded in FY 2015