

## Delaware

### Maternal and Child Health Block Grant 2016

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. Title V provides funding to state maternal and child health (MCH) programs, which serve 44 million women and children in the U.S. To learn more about Title V, visit [www.amchp.org](http://www.amchp.org).

#### MCH Block Grant Funds to Delaware

FY 2013	FY 2014	2015
\$1,918,877	\$1,968,990	\$1,961,019

#### Title V Administrative Agency:

Division of Public Health, Department of Health and Social Services

\*States must provide a three dollar match for every four Federal dollars allocated.

### Protecting and Improving the Health of Delaware's Families

**Children with Special Needs** —The Family Support and Healthcare Alliance Delaware (Family SHADE) is an alliance of 40+ organizations and agencies committed to working together to improve the quality of life of children and youth with special health care needs (CYSHCN) by improving access to information and services in Delaware. Partners/member organizations include University of Delaware – Center for Disabilities Studies, Delaware Family Voices/Family to Family Health Information Center, Parent Information Center of Delaware, American Academy of Pediatrics (Delaware Chapter), Birth to Three Early Intervention, Easter Seals, Autism Delaware, small family support groups, parents of CYSHCN, self-advocates and many others.

#### Home Visiting

Delaware is implementing a continuum of home visiting services, whereby four evidence based programs are available



including Nurse Family Partnership, Early Head Start/Head Start, Parents as Teachers, and Healthy Families America. For high risk pregnant women, services are available through the Division of Public Health, Smart Start, which is using an evidence-based framework, Healthy Families America. The program reaches women early in pregnancy to connect them with a medical home and provide women with the skills and knowledge to:

- care for themselves during pregnancy;
- soothe their infants after birth;
- ensure children are receiving proper nutrition
- bond with an infant and ensure healthy child development; and
- create a safe home environment.

**Healthy Women, Healthy Babies** - This program provides preconception and prenatal care to at-risk women and is based on a life course perspective. At-risk women include African-Americans and women with a history of poor birth outcomes. Services include preconception care, psychosocial care, prenatal care and nutrition.

**Help Me Grow** - Delaware Help Me Grow is an initiative that serves as a comprehensive and integrated statewide early childhood system designed to address the need for early identification and linkage to developmental and behavioral services for families with children birth to age eight. The program consists of the following key components:

- a centralized telephone access point in partnership with 2-1-1/United Way of DE;
- family and community outreach to promote utilization of Help Me Grow;
- physician outreach to support early screening and intervention; and
- data collection (surveillance, case management, referrals, follow-up) to identify gaps and barriers impeding the current system.

## People Served by the Delaware MCH Program\*

4,069	pregnant women
11,428	infants under one
295	children and adolescents
3,435	children with special health care needs
7,602	others
<b>26,827</b>	<b>total served</b>

\*2014 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

## Health Needs in Delaware

- Increase the number of women who have a preventive visit to optimize the health of women before, between, and beyond pregnancies.
- Improve breastfeeding rates.
- Improve rates of developmental screening in healthcare setting using a validated screening tool.
- Increase healthy lifestyle behaviors (healthy eating and physical activity).
- Increase the percent of children with and without special healthcare needs having a medical home.
- Decrease rates of bullying by promoting development of social and emotional wellness.
- Improve the rate of Oral Health preventive care in pregnant women and children.
- Increase the percentage of children 0-17 who are adequately insured.



## State Selected National Performance Measures

- Well Woman Visit
- Breastfeeding
- Developmental Screening
- Physical Activity
- Bullying
- Medical Home
- Oral Health
- Adequate Insurance Coverage



For more information, contact:

### Maternal & Child Health

Leah Woodall, MPH  
Family Health Systems Section Chief  
417 Federal Street  
Dover, DE 19901  
Phone: 302-744-4551  
Email: [leah.woodall@state.de.us](mailto:leah.woodall@state.de.us)

Crystal Sherman, BS  
MCH Deputy Director  
417 Federal Street  
Dover, DE 19901  
Phone: 302-744-4774  
Email: [crystal.sherman@state.de.us](mailto:crystal.sherman@state.de.us)

### Children with Special Health Care Needs

Kathryn Tullis, PhD  
CYSCHN Director  
417 Federal Street  
Dover, DE 19901  
Phone: 302-744-4813  
Email: [Kathryn.Tullis@state.de.us](mailto:Kathryn.Tullis@state.de.us)

## Grants to Delaware\*

**State Implementation Grants for Integrated Community Systems for CSHCN**  
EXECUTIVE OFFICE OF THE GOVERNOR OF DELAWARE  
Dover, DE  
\$300,000

**STATE SYSTEMS DEVELOPMENT INITIATIVE (SSDI)**  
EXECUTIVE OFFICE OF THE GOVERNOR OF DELAWARE  
Dover, DE  
\$99,114

\*These grants were awarded in FY 2013.