Vermont

Maternal and Child Health Block Grant 2021

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. In FY2019, 92.1% of all pregnant women, 98.0% of infants, and 59.6% of children nationwide benefitted from a Title V-supported service. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to Vermont

<table>
<thead>
<tr>
<th></th>
<th>FY 2017</th>
<th>FY 2018</th>
<th>FY 2019</th>
</tr>
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<tbody>
<tr>
<td></td>
<td>$1,646,665</td>
<td>$1,649,612</td>
<td>$1,649,043</td>
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Title V Administrative Agency:
Vermont Department of Health, Division of MCH

*States must provide a three dollar match for every four Federal dollars allocated.

Protecting and Improving the Health of Vermont’s Families

Children and Youth with Special Health Care Needs — CSHN supports expanded care coordination, capacity building, and systems development through its own community-based staff and though a contract to a family support organization, Vermont Family Network. CSHN links its community-based CSHN medical social workers to medical homes, helping to coordinate the collaborative work of state public health staff, including nurses, medical social workers, and developmental pediatricians, university- and community-based specialties, through pediatric primary care providers.

CSHN provides targeted financial technical assistance when families are experiencing challenges with health insurance benefits or accessing services and supplies they need.

Through systems development and capacity building, CSHN is instrumental in improving outcomes for a broad population of children with special health needs, who need both care coordination and direct clinical services. Collaboration occurs in systems development and in individual patient care, with Part C early intervention and Title XIX Medicaid, as well as primary care thought medical homes, the AAP and AAFP Vermont chapters, and the Vermont Child Health Improvement Program.

Help Me Grow is Vermont’s coordinated effort to improve developmental screening in primary care practices, early care and learning, and home visiting. Vermont also works in partnership with the University of Vermont to provide comprehensive child development evaluations.

Palliative Care, High-Tech Nursing, and Personal Care Services — CSHN directs the specialized in-home supports for children who need intensified daily health-related services, in collaboration with their public health funding stream, Vermont Medicaid.

Newborn Screening — The VT Newborn Screening Program achieves a high level of public health assurance for newborn bloodspot screening and follow-up, with only 0.2 percent of parents declining screening for their newborns. Intensive tracking for each baby is provided by the Newborn Screening Unit. Both metabolic clinic follow-up and genetics services are provided through a contract with the Vermont Children’s Hospital at UVM Medical Center. Vermont has recently added screening for Critical Congenital Heart Disease (CCHD) and Severe Combined Immunodeficiency (SCID). Universal Newborn Hearing Screening is implemented at all birth hospitals. VT works collaboratively and successfully with midwives to assure hearing and metabolic screening for home-birthed babies as well. Expanded follow-up screening is supported by the efforts of the VT EHDI program and primary care and Head Start programs.

Oral Health — Vermont is implementing a new statewide school-based dental health program, building on the success with its school-linked program. Public Health Dental Hygienists work in certain regions in WIC clinics doing oral health risk assessments, fluoride varnish applications, and connecting families with dental homes. Outreach to physicians and dentists promotes evidenced based practice regarding oral health during pregnancy and early childhood.
Percentage Served by the Vermont MCH Program*

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
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<tbody>
<tr>
<td>84.0%</td>
<td>Pregnant women</td>
</tr>
<tr>
<td>94.0%</td>
<td>Infants under one</td>
</tr>
<tr>
<td>98.0%</td>
<td>Children and adolescents</td>
</tr>
<tr>
<td>98.0%</td>
<td>Children with special health care needs</td>
</tr>
<tr>
<td>3.0%</td>
<td>Others</td>
</tr>
</tbody>
</table>

*2019 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

Health Needs in Vermont

- Ensure optimal health prior to pregnancy
- Promote optimal infant health and development
- Achieve a comprehensive, coordinated, and integrated state and community system of services for children
- Reduce the risk of chronic disease across the lifespan
- Promote protective factors and resiliency among VT’s families
- Youth choose healthy behaviors and thrive
- Children live in safe and supported communities

Current Special Projects of Regional and National Significance (SPRANS)

**State Systems Development Initiative (SSDI)**
VERMONT DEPARTMENT OF HEALTH
Burlington, VT

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