New Hampshire

Maternal and Child Health Block Grant 2021

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. In FY2019, 92.1% of all pregnant women, 98.0% of infants, and 59.6% of children nationwide benefitted from a Title V-supported service. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to New Hampshire

<table>
<thead>
<tr>
<th>FY 2017</th>
<th>FY 2018</th>
<th>FY 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td>$1,989,264</td>
<td>$1,973,578</td>
<td>$1,972,621</td>
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Title V Administrative Agency:
Maternal & Child Health Section and Bureau of Family Centered Services

*States must provide a three dollar match for every four Federal dollars allocated.

Protecting and Improving the Health of New Hampshire’s Families

Home Visiting – The Home Visiting Program provides health, education, support and linkages to other community services for low income and underserved pregnant women and their families in their homes. Maternal and Child Health is home to the Maternal, Infant and Early Childhood Home Visiting (MIECHV) which uses the evidence based Healthy Family America model.

Community Health Centers – These centers, partially funded by Title V, are vital essential components of the health care system in New Hampshire and serve individuals who may otherwise not be able to access health care. Not only do they provide healthcare for all ages, but also prenatal care to pregnant women.

Family Planning – The Family Planning Program offers services to help a person prevent a pregnancy or to have a healthy baby. Healthcare is given to women and men of all ages and all income levels.

Injury Prevention – The Injury Prevention Program seeks to reduce morbidity and mortality from intentional and unintentional injuries. It does this by focusing its efforts on those injuries, with high rates in the state that are most amenable to public health interventions.

Special Medical Services – Children and Youth with Special Health Care Needs (CYSHCN) rely on an interdependent relationship between the health care system—pediatric specialists and primary care providers—and the state’s programs for CYSHCN which are administered through the Bureau for Family Centered Services (BFCS). These services include Health Care Coordination which provides an individual care coordinator who assists with management and follow-up of medical treatment and family support services (this includes monetary assistance with health-related costs if the family meets financial eligibility criteria); in addition to the following statewide programs: Medical Home & Transition improvement, Family to Family health information, intake & referral, community-based nutrition, feeding & swallowing consultation, child development clinic network, complex care network, psychiatry consultation, and health care transition consultation.

Family Centered Early Supports & Services (FCESS) – NH’s Early Identification and Intervention program for Infants and Toddlers with Disabilities (Part C of IDEA), supports the family’s and other caregiver’s ability to care for a child (0 -3) with delays and disabilities to address his/her individual needs. Watch Me Grow helps NH families to ensure their child’s brightest future by tracking his or her growth & development. It is the state’s developmental screening, referral and information system for families of children ages birth to six years. Partners in Health is a free, statewide, community-based program that provides support to CYSHCN, regardless of income. Each regional site has its own Family Council that plans programs and community activities while providing a forum for mutual support. Family Support for Individuals with Disabilities includes a wide range of services and activities that assist families in developing and maximizing their ability to care for individuals with disabilities. Ten regional Area Agencies provide services that focus on a family’s own strengths and abilities to support being successful in their own community. Regional Family Support Councils, comprised of family members or individuals, serve as advisory bodies to each Area Agency.

Sudden Unexpected Infant Death (SUID) Program – This program offers information, support and resources to family and care providers of infants suspected to have died of SUID. Information and resources about reducing the risk of SUID and promoting a safe sleep environment are available to the general public and targeted groups.

Pregnancy Risk Assessment Monitoring System (PRAMS) – is a survey that collects information on maternal behaviors and experiences just before, during and after pregnancy. The purpose of PRAMS is to improve the health of mothers and infants by reducing adverse outcomes of pregnancy, such as low birth weight, infant mortality and morbidity, and maternal morbidity.
Maternal and Child Health Epidemiological and Quality Improvement/Quality Assurance Support – Maternal and Child Health works with stakeholders across the State on quality improvement projects such as newborn screening timeliness with the birthing hospitals. MCH in conjunction with the Northern New England Perinatal Quality Improvement Network achieved the Alliance for Innovation on Maternal Health standing for the state of New Hampshire.

Newborn Hearing and Screening – The Newborn Hearing Program offers training and support to local hospitals to help them provide hearing screening for every New Hampshire newborn. Newborn Screening ensures that all infants born in New Hampshire are screened for potentially serious disorders and ensures time sensitive follow-up for abnormal results.

Percentage Served by the New Hampshire MCH Program*

<table>
<thead>
<tr>
<th>Percentage Served</th>
<th>Served Population</th>
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<tbody>
<tr>
<td>100.0%</td>
<td>Pregnant women</td>
</tr>
<tr>
<td>100.0%</td>
<td>Infants under one</td>
</tr>
<tr>
<td>100.0%</td>
<td>Children and adolescents</td>
</tr>
<tr>
<td>100.0%</td>
<td>Children with special health care needs</td>
</tr>
<tr>
<td>100.0%</td>
<td>Others</td>
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*2019 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

Health Needs in New Hampshire

- Decrease the use and abuse of alcohol, tobacco, and other substances among pregnant women
- Decrease unintentional injury in children ages 0-21
- Improve access to standardized developmental screening, assessment and follow-up for children and adolescents
- Decrease unintentional injury in children ages 0-21
- Improve access to needed healthcare services for all MCH populations
- Increase family support and access to trained respite and childcare providers
- Increase the focus of Title V on the Social Determinants of Health and the resolution of barriers impacting the health of the MCH population
- Improve access to mental health services for children, adolescents and women in the perinatal period

Current Special Projects of Regional and National Significance (SPRANS)

MCH Data Linkage Project
NEW HAMPSHIRE STATE DEPARTMENT OF HEALTH AND WELFARE, DIVISION OF PUBLIC HEALTH
Concord, NH

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