Kansas

Maternal and Child Health Block Grant 2021

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children, and families. In FY2019, 92.1% of all pregnant women, 98.0% of infants, and 59.6% of children nationwide benefitted from a Title V-supported service. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to Kansas

<table>
<thead>
<tr>
<th>FY 2017</th>
<th>FY 2018</th>
<th>FY 2019</th>
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<tbody>
<tr>
<td>$4,729,794</td>
<td>$4,777,544</td>
<td>$4,773,454</td>
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Title V Administrative Agency:
Bureau of Family Health
Kansas Department of Health and Environment

*States must provide a three-dollar match for every four Federal dollars allocated.

Protecting and Improving the Health of Kansas Families

Maternal Mortality Review to Action – The Kansas Maternal Mortality Review Committee (KMMRC) launched in 2018. The Bureau of Family Health convenes the Committee and Title V provides infrastructure support. The KMMRC has completed four years of case reviews (2016-2019) since launch and is currently reviewing 2020 cases. The first KMMRC annual report, including severe maternal morbidity and mortality data, was released in January 2021. The KMMRC continuously works in partnership with the Title V program and Kansas Perinatal Quality Collaborative (KPQC) to monitor emerging patterns or trends identified from death case reviews. In response to KMMRC findings and recommendations, the KPQC is launching a maternal health quality improvement initiative in 2021. The Fourth Trimester Initiative will focus on the 1-year postpartum period to improve attendance at the postpartum visit, increase communication among the care team, utilize evidence-based practices, and improve screening and timely referral to services. Kansas also plans to enroll in the Alliance for Innovation on Maternal Health (AIM) initiative to implement a pilot utilizing a patient safety bundle related to postpartum discharge transition.

Perinatal Behavioral Health – As a participating state in the Pediatrics Supporting Parents technical assistance initiative through the Center for the Study of Social Policy, the Title V Behavioral Health Consultant and MCH Director led efforts to provide policy recommendations to Medicaid for consideration on the benefit of and need for maternal depression screening (MDS). Kansas Medicaid approved an MDS policy that became effective January 1, 2021. The policy supports reimbursement for up to three screenings during the prenatal period under the mother’s Medicaid ID and up to five screenings during the 12-months postpartum period under the child’s Medicaid ID as part of a well-infant/child visit.

Well-Woman Visit Toolkits – Title V staff worked closely with the Title X Family Planning Program, Bureau of Health Promotion, and other state and local partners, to create two Well-Woman Visit Toolkits, one for providers and one for communities. The toolkits guide expanded access and care for women across the lifespan through the well-woman visit, focusing on both the recommended core components of the preventive visit and effectively addressing identified barriers to receiving these services. As preventive services are becoming more comprehensive, integrated, and holistic, it is important to acknowledge that a single provider alone cannot address all medical and social care needs of individuals. These toolkits serve as a starting place, and for many a continuation of efforts, to ensure the provision of consistent, quality medical care while building community systems that foster long-term and sustainable improved health outcomes for women and families.

Holistic Care Coordination – Holistic care coordination (HCC) centers around the child and family, addressing goals identified in partnership with the family and sharing information among providers and community support partners for the best possible experience. As part of the state’s strategic plan to build systems that support children and families, Title V is leading efforts to spread and scale the HCC model developed by the Title V Special Health Care Needs Program to public health and primary care settings. This model has shown to be effective in meeting the needs of families. An implementation toolkit is under development to support providers interested in implementing HCC services in alignment with the National Care Coordination Standards for Children with Special Health Care Needs. Additionally, the program is piloting expanded services for families exiting early intervention services to assure coordinated and supportive care is available beyond the formal services provided by the infant-toddler services (Part C) program. More information about Kansas activities related to HCC is available online at www.kdheks.gov/hcc.
Family & Consumer Engagement – Kansas added a state priority to focus on family engagement as a strategy to support and strengthen families. When families are strong, connected, and healthy, the family members and their surrounding community thrive. Title V is distinctly poised to strengthen self-efficacy and self-determination among families by assuring: MCH-led activities and services (informed by family needs and desires, centered on the family voice, and representative of diverse values); peer support opportunities; family/consumer focused leadership activities; and expansion of HCC services across Title V populations. The Family Advisory Council continues to be a strong focus and is expanding to reach families across all five MCH population domains.

Adolescent Health Guide & WHY Marketing Campaign – Title V led the development of an innovative comprehensive guide to support youth and youth-serving organizations. Youth focus groups (n=19) were held statewide to learn more about what youth thought were the most important topics to include in the guide (e.g., healthy eating, fitness and physical activity, mental health, stress, helping a friend, suicide prevention, substance use, social media, healthy relationships, the importance of well-visits). To disseminate and market this guide, Title V went straight to the youth. With feedback from select focus groups, the marketing campaign – WHY (Whole Healthy You) was created. This marketing campaign will kick off in April 2021 with the goal of getting education and resources included in the guide into the hands of all youth across Kansas.

COVID-19 Positive Pregnancy Support (CPPS) – Title V connected with COVID-19 positive pregnant women (up to 12 weeks postpartum) living in Southwest Ford County, one of the hardest hit counties in Kansas with a large Hispanic population. Biweekly telephone calls were made to engage the women in conversations about how they were feeling (physically and emotionally) and to determine if they were in need of services or supports. Data collection efforts aligned with the CDC COVID-19 Pregnancy Surveillance Project.

Peer-to-Peer Support – Supporting You, a peer-to-peer support network, provides individuals the opportunity to gain support from a peer who has experienced a similar situation and/or circumstance in life and who can share ideas, resources, and provide a listening ear during a time of need. Participants gain emotional support from a compassionate peer who share a connection and is willing to tell their own personal story, while supporting someone as they tell theirs.

Health Needs in Kansas

State Selected Priorities for the Period 2021-2025

- Women have access to and utilize integrated, holistic, patient-centered care before, during, and after pregnancy
- All infants and families have support from strong community systems to optimize infant health and well-being
- Children and families have access to and utilize developmentally appropriate services and supports through collaborative and integrated communities
- Adolescents and young adults have access to and utilize integrated, holistic, patient-centered care to support physical, social, and emotional health
- Communities, families, and providers have the knowledge, skills, and comfort to support transitions and empowerment opportunities
- Professionals have the knowledge, skills, and comfort to address the needs of maternal and child health populations
- Strengths-based supports and services are available to promote healthy families and relationships

Current Special Projects of Regional and National Significance (SPRANS)

State Systems Development Initiative (SSDI)
KANSAS DEPARTMENT OF HEALTH & ENVIRONMENT
Topeka, KS

MCH Research Network Programs
UNIVERSITY OF KANSAS CENTER FOR RESEARCH
Lawrence, KS

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Percentage Served by the Kansas MCH Program*

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<tr>
<th>Percentage</th>
<th>Program Area</th>
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<tbody>
<tr>
<td>92.0%</td>
<td>Pregnant women</td>
</tr>
<tr>
<td>100.0%</td>
<td>Infants under one</td>
</tr>
<tr>
<td>21.0%</td>
<td>Children and adolescents</td>
</tr>
<tr>
<td>3.0%</td>
<td>Children with special health care needs</td>
</tr>
<tr>
<td>14.0%</td>
<td>Others</td>
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*2019 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau