Indiana

Maternal and Child Health Block Grant 2021

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. In FY2019, 92.1% of all pregnant women, 98.0% of infants, and 59.6% of children nationwide benefitted from a Title V-supported service. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to Indiana

<table>
<thead>
<tr>
<th></th>
<th>FY 2017</th>
<th>FY 2018</th>
<th>FY 2019</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$12,140,583</td>
<td>$12,280,810</td>
<td>$12,270,064</td>
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Title V Administrative Agency: Indiana State Department of Health, Health and Human Services Commission

*States must provide a three dollar match for every four Federal dollars allocated.

Protecting and Improving the Health of Indiana’s Families

Children with Special Health Care Needs – Children’s Special Health Care Services (CSHCS) program is supported by state funds. The program provides a comprehensive continuum of medical and support services to children with serious, chronic medical conditions, age 0-21 years who are both medically and financially eligible. Families and providers are supported through the CSHCS Care Coordination Section which is open to all children and youth with special health care needs (CYSHCN) in the state.

Baby and Me Tobacco Free™ – The Indiana State Department of Health sponsors this free program that offers incentives to pregnant women and their qualifying support person to quit smoking while pregnant and stay quit after their baby is born. Starting with eight pilot sites in October 2013, the program has grown to over 16 MCH funded sites.

Help Me Grow Indiana (HMG IN) – HMG IN is housed at the Indiana Department of Health (IDOH) in partnership with the Department of Child Services (DCS) has launched its centralized access point in October 2018. Indiana was awarded MIECHV Innovations and ECCS grant funding that supported the launch of HMG in 9 counties in Indiana and Title V is supporting the continuation and future expansion of HMG. The HMG IN centralized access point is utilizing the existing statewide MOMS Helpline phone number, with a specific HMG extension, along with the 2-1-1 Indiana database, to ensure that families and providers are connected to local resources. HMG IN is currently partnering with professionals and physicians within the early childhood systems statewide to ensure that ALL children are screened using an ASQ and referred to services if needed. HMG IN has also created a feedback loop between HMG care coordinators, families, and providers. HMG Indiana takes direct referrals from IN211 and has continued to grow. HMG IN celebrated its year anniversary in October 2019. Indiana was honored to be asked and will be hosting the 11th annual National Help Me Grow Forum in Indianapolis, May 2020.

Collaborative Improvement and Innovation Network (CollIN) for Children with Medical Complexity – Indiana is one of many states working in collaboration with the Boston University School of Social Work Center for Innovation in Social Work & Health (CISWH) on the HRSA funded Health Care Delivery System Innovation for Children with Medical Complexity project. Indiana is working to pilot place-based care coordination within the health care system that better provides comprehensive family-centered assessment, cross-communication, and integration of services into communities. This includes piloting an innovative payment model through Medicaid for care coordination reimbursement. Indiana’s CollIN team is comprised of Title V, Medicaid, family members, primary care and specialty care providers, and other key state and local stakeholders that are relevant to the project’s success.

Early Start – ISDH funds four organizations to provide prenatal care education and to serve as a conduit to getting pregnant women into prenatal care with a qualified provider in the first trimester.

Group Prenatal Care – MCH supports the funding for one group prenatal care program to improve outcomes for important maternal child health factors including preterm birth, low birth weight, small for gestational age, breastfeeding and immunization.
Adolescents and Young Adults (AYAs) – Indiana was selected as one of five states to participate in the Collaborative Improvement and Innovation Network (CoIIN) for Adolescent and Young Adult Behavioral Health in partnership with AMCHP. In hopes to reduce community mental health and related stigma, Indiana is working to improve depression screenings for youth and young adults (12-25) through a systems-level behavioral health integration in primary care settings. The CoIIN includes establishing a Youth Advisory Board to engage in dynamic discussion related to mental health that will better inform statewide initiatives for AYAs. Indiana works to promote positive youth development in partnership with various organizations dedicated to improving the sexual and reproductive health and practices of AYAs. Through the Title V State Sexual Risk Avoidance Education program and newly awarded Teen Pregnancy Prevention grant, Indiana provides education designed to teach youth a whole host of life skills ranging from personal responsibility, self-regulation, goal setting, healthy decision-making, and a focus on the future to prevent risk behaviors. Indiana is committed to continuously improve by seeking innovative and equitable opportunities to better engage youth and young adults so they may achieve optimal health.

Safe Sleep Program – The Infant Safe Sleep Program is focused on strengthening and expanding sleep education efforts in the state during 2021. We are partnering with the Indiana Chapter of the American Academy of Pediatrics to create a webinar for providers on having conversations with caregivers about specific safe sleep topics. We are also working with the IU School of Social Work to develop a research plan to further understand the social and cultural factors that contribute to caregivers’ choices regarding sleep behaviors. The Infant Safe Sleep Program is working with the My Healthy Baby Program to develop an online training module for in-home care providers. We continue to support local Child Fatality Review and Fetal-Infant Mortality Review Teams to conduct safe sleep initiatives in their local communities throughout the year. We provide these teams with technical assistance and funding for evidence-based sleep-related death prevention efforts. Infant safe sleep remains the focus of the 12 existing Community Action Teams in Indiana, and more teams are in the process of forming in counties with high rates of infant mortality.

Fatality Review Teams – By January 1, 2021, Child Fatality Review Teams have been established in 76 counties throughout Indiana, and Fetal-Infant Mortality Review Teams have been established in 50 counties. The Sudden Unexplained Infant Death/Sudden Death in the Young Registry continues to train death scene investigators on conducting comprehensive infant death scene investigations to improve the quality and consistency of data. The first Maternal Mortality Review (MMR) Team Annual Report was completed in 2020, and the findings from this report are being used to inform prevention. This year, the MMR Team will begin interviewing families to gain further understanding of the risk factors that were present prior to women’s deaths. The Suicide and Overdose Fatality Review (SOFR) Program is funded by the CDC through the Overdose Data to Action Grant. The program is funded as a peer to peer mentor site and to continue improving the current Overdose Fatality Review Program in Indiana. The SOFR program is a non-funded pilot site for the Overdose Database as well as a non-funded Bureau of Justice Assistance (BJA) mentor site. Through these initiatives Indiana provides feedback to BJA to enhance the data repository.

Nurse-Family Partnership – MCH supports this evidence-based home visiting program that focuses on improving health outcomes for mothers and children. NFP pairs first-time mothers with registered nurses to support mothers in having healthy pregnancies, becoming knowledgeable and responsible parents and giving their babies the best possible start in life.

ACEs Indiana – Indiana is supporting Adverse Childhood Experiences Master Training work statewide. The project will ensure that organizations are trained, primary prevention strategies are shared and utilized, and trainers will develop a network to share information.

Percentage Served by the Indiana MCH Program*

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Pregnant women</td>
<td>65.0%</td>
</tr>
<tr>
<td>Infants under one</td>
<td>100.0%</td>
</tr>
<tr>
<td>Children and adolescents</td>
<td>13.0%</td>
</tr>
<tr>
<td>Children with special health care needs</td>
<td>49.0%</td>
</tr>
<tr>
<td>Others</td>
<td>4.0%</td>
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*2019 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

Health Needs in Indiana

- Reduce preventable deaths in the MCH population with a focus on reduction and elimination of inequities in mortality rates.
- Reduce health disparities and inequities in maternal and child health.
- Prevent substance abuse including alcohol, tobacco, and other drugs among pregnant women and youth.
- Strengthen mental, social, and emotional wellbeing through partnerships and programs that build capacity and reduce stigma.
- Promote physical activity through policy improvements and changes to the built environment.
- Access to high-quality, family-centered, trusted care is available at all Hoosiers.
- Engage families and youth with diverse life experiences to inform and improve MCH services.
- Ensure frequent surveillance, assessment, and evaluation of data driven funding, programming, and system change.

Current Special Projects of Regional and National Significance (SPRANS)

Indiana State Department of Health Data Linkage Grant
INDIANA STATE BOARD OF HEALTH
Indianapolis, IN

Healthy Tomorrows Partnership for Children Program
MEMORIAL HOSPITAL OF SOUTH BEND
South Bend, IN
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