California

Maternal and Child Health Block Grant 2021

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. In FY2019, 92.1% of all pregnant women, 98.0% of infants, and 59.6% of children nationwide benefitted from a Title V-supported service. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to California:

<table>
<thead>
<tr>
<th>FFY</th>
<th>FFY 2018</th>
<th>FFY 2019</th>
<th>FFY 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$39,725,961</td>
<td>$39,660,787</td>
<td>$39,383,025</td>
</tr>
</tbody>
</table>

Title V Administrative Agency:

California Department of Public Health — Maternal, Child and Adolescent Health (MCAH) Division

Note: States must provide a $3 match for every four Federal dollars allocated.

Protecting and Improving the Health of California’s Families

California’s Title V program works to improve the health and well-being of women, pregnant individuals, infants, children and youth including those with special health care needs (CYSHCN), and families throughout the state. The MCAH Division uses data-driven and evidence-based methods in the development, targeting and evaluation of programs and initiatives to serve California’s diverse MCAH population. These efforts rely on strategic partnerships with local programs, health care providers and professional organizations, universities, other State agencies, family-serving organizations, non-profits, and the populations we serve.

Local MCAH Programs – Local MCAH programs serve maternal, infant, child and adolescent populations, including CYSHCN and families through programs including early childhood home visiting and public health nursing. The MCAH Division works in collaborative partnership with Local MCAH programs and allocates Title V funding to each of California’s 61 Local Health Jurisdictions to implement MCAH programs that meet state and federal requirements and address locally identified needs. Local MCAH programs also access Title XIX federal funds to support access to care for Medi-Cal recipients.

Sudden Infant Death Syndrome (SIDS) – This MCAH program coordinates SIDS data collection and analysis, offers grief and bereavement support services to families and caregivers, provides training for emergency personnel and public health professionals, and promotes the 2016 American Academy of Pediatrics guidelines on infant safe sleep environment practices.

Regional Perinatal Programs of California (RPPC) – RPPC is a comprehensive, cooperative network of public and private health care providers working within nine geographic regions to promote access to risk-appropriate care for pregnant individuals and their infants. RPPC aims to prevent avoidable disability or mortality through technical assistance to perinatal hospital units, implementation of data driven quality improvement activities and the promotion of breastfeeding.

Adolescent Family Life Program (AFLP) – AFLP provides case management for expectant and parenting adolescents to increase social and emotional support and build resiliency, improve pregnancy planning and spacing, increase educational attainment and employability, and increase access to needed services. The program emphasizes an individualized approach, based on a positive youth development framework and resilience theory, to enhance participants strengths, skills and motivation to reach their goals.

Black Infant Health Program (BIH) – BIH works to improve African American infant and maternal health outcomes by reducing stress caused by long term racism. The program provides African American women with a group intervention and complementary participant-centered life planning, both prenatally and postpartum. This powerful combination serves to help women enhance life skills, learn proven strategies to reduce stress and build social support.

Statewide MCAH Surveillance – MCAH conducts statewide surveillance to monitor trends, disparities, and emerging issues within the MCAH population. This information is generated via analysis of administrative data including vital records, hospitalizations, and population data as well as the Maternal and Infant Health Assessment survey (MIHA), an annual, statewide-representative survey of women with a recent live birth in California. The MCAH Division uses this data to inform state and local program planning, targeting, implementation, monitoring, and evaluation. Surveillance data are also disseminated to partners, stakeholders, and other interested parties.

California Pregnancy-Associated Mortality Review (CA-PAMR) – MCAH developed CA-PAMR, an in-depth-review of maternal deaths occurring during pregnancy or within one year of a pregnancy outcome. CA-PAMR identifies pregnancy-related deaths, associated factors, and quality improvement opportunities and makes recommendations for change. Past reviews have focused on medical and obstetric causes, as well as on suicide. At present, CA-PAMR is investigating deaths from hemorrhage, statewide, as well as all-cause mortality within a 4-county region in Southern California.
Preconception Health and Health Care – In collaboration with the Preconception Health Council of California, MCAH partners with organizations and stakeholders across California to provide input and guidance for the integration of preconception care into public health practice, develop policy strategies to support preconception care and promote preconception health messaging for women of reproductive age.

Children and Youth with Special Health Care Needs – Title V contributes to state and local level partnerships and coordination across systems that serve CYSHCN and their families, as well as providing support to the California Children’s Services (CCS) program. The goal of CCS is to provide diagnostic and treatment services, medical case management, and physical and occupational therapy services to children with complex and chronic medical conditions.

California Diabetes and Pregnancy Program (CDAPP) – CDAPP Sweet Success recruits, trains and supports Affiliates who provide health care services to pregnant individuals with pre-existing or gestational diabetes. The CDAPP Sweet Success Guidelines for Care are the basis for culturally and linguistically appropriate education and care for diabetes during pregnancy. The Guidelines, which include evidence-based medical management, psychosocial and nutrition interventions, promote a healthy lifestyle to improve outcomes for pregnant individuals with diabetes and their infants.

Fetal Infant Mortality Review (FIMR) – FIMR is a community-based action-oriented process implemented in 15 LHJs that review cases of infant and fetal deaths and the contributing factors leading to the death. FIMR community groups identify interventions to prevent fetal and infant mortality, thus improving service systems and community resources for women, infants, and families. The process utilizes case review teams and community action teams which include community leaders, medical care providers, public health professionals, social service staff, advocacy groups and consumers.

Breastfeeding Initiative – This initiative collaborates with California health care systems, providers, MCAH programs and other public health partners to promote evidence-based public health and health care policies and procedures that promote breastfeeding as the normal method of infant feeding in California. MCAH is a leader in providing guidance so that by 2025, all general acute care hospitals and special hospitals that have a perinatal unit will adopt policies to improve hospital breastfeeding support.

Nutrition and Physical Activity (NUPA) Initiative – This initiative works to make good nutrition and regular physical activity the preferred and easy lifestyle choice for the California maternal, child and adolescent population. The initiative integrates and coordinates the latest evidence-based guidance into MCAH programs, LHJs and partner agencies. NUPA emphasizes folic acid promotion, optimum perinatal weight, and following MyPlate guidelines.

Percentage Served by the California MCH Program*

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pregnant women</td>
<td>100.0%</td>
</tr>
<tr>
<td>Infants under one</td>
<td>100.0%</td>
</tr>
<tr>
<td>Children and adolescents</td>
<td>15.0%</td>
</tr>
<tr>
<td>Children with special care needs</td>
<td>20.0%</td>
</tr>
</tbody>
</table>

*2019 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

Health Priorities in California

- Ensure women in California are healthy before, during and after pregnancy
- Ensure all infants are born healthy and thrive in their first year of life
- Reduce infant mortality with a focus on eliminating disparities
- Enhance strengths, skills and supports to promote positive development and ensure youth are healthy and thrive
- Optimize the healthy development of all children so they can flourish and reach their full potential
- Make systems of care easier to navigate for CYSHCN and their families
- Increase engagement and build resilience among CYSHCN and their families

Current Special Projects of Regional and National Significance (SPRANS)

Healthy Tomorrows Partnership for Children Program
PROVIDENCE LITTLE COMPANY OF MARY FOUNDATION
Torrance, CA

Healthy Tomorrows Partnership for Children Program
ALTAMED HEALTH SERVICES CORPORATION
Los Angeles, CA

Healthy Tomorrows Partnership for Children Program
THE ACHIEVABLE FOUNDATION
Culver City, CA

Healthy Tomorrows Partnership for Children Program
VISTA COMMUNITY CLINIC
Vista, CA

CMS Net (CShCN Data System)
DEPARTMENT OF HEALTH CARE SERVICES
Sacramento, CA

Hemophilia Treatment Centers
THE CENTER FOR COMPREHENSIVE CARE AND DIAGNOSIS OF INHERITED BLOOD DISORDERS
Santa Ana, CA

Maternal and Child Health Field-Initiated Research Program
UNIVERSITY OF CALIFORNIA
Davis, CA
MCH Pipeline Training Program
THE REGENTS OF THE UNIVERSITY OF CALIFORNIA, LOS ANGELES
Los Angeles, CA

Training CED/COR Pediatric and Child Psychiatry
UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
San Francisco, CA

Leadership Training in Adolescent Health
UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
San Francisco, CA

Leadership Education in Adolescent Health (LEAH)
THE CHILDRENS HOSPITAL OF LOS ANGELES
Los Angeles, CA

Pediatric Pulmonary Centers
THE CHILDRENS HOSPITAL OF LOS ANGELES
Los Angeles, CA

Pediatric Pulmonary Centers
UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
San Francisco, CA

Training in Maternal and Child Health
THE REGENTS OF THE UNIVERSITY OF CALIFORNIA
Berkeley, CA

The Interdisciplinary MCH Training Program
THE REGENTS OF THE UNIVERSITY OF CALIFORNIA, LOS ANGELES
Los Angeles, CA

Thalassemia
THE CHILDRENS HOSPITAL AND RESEARCH CENTER AT OAKLAND
Oakland, CA

State Adolescent and Young Adult Health Capacity Building Program
UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
San Francisco, CA

MCH Research Network Programs
UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
San Francisco, CA

MCH Research Network Programs
THE REGENTS OF THE UNIVERSITY OF CALIFORNIA, LOS ANGELES
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