West Virginia

Maternal and Child Health Block Grant 2020

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. In FY2018, 91% of all pregnant women, 98.7% of infants, and 53.7% of children nationwide benefitted from a Title V-supported service. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to West Virginia

<table>
<thead>
<tr>
<th>FY 2017</th>
<th>FY 2018</th>
<th>FY 2019</th>
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</thead>
<tbody>
<tr>
<td>$6,055,641</td>
<td>$6,117,166</td>
<td>$6,114,105</td>
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Title V Administrative Agency:
Office of Maternal Child and Family Health, Bureau for Public Health

*States must provide a three-dollar match for every four Federal dollars allocated.

Protecting and Improving the Health of West Virginia’s Families

Early Intervention – West Virginia has a unique population-based screening instrument which is used by all licensed birthing facilities to identify newborns who are at risk of death in the first year of life, have a developmental delay, critical congenital heart disease, and/or hearing loss. This unique screening is supported by Title V funds with subsequent intervention provided to the infants by the Right From The Start Program, Children with Special Health Care Needs (CSHCN) Program or West Virginia Birth to Three (I.D.E.A. Part C). Infants who are identified with risks receive one-on-one support through licensed personnel in the community. Children who are identified as high risk are eligible to receive an accelerated number of medical visits in their first six months of life, which is paid for by private carriers, Medicaid, etc.

Ensuring Accessible, Quality Care – The Office of Maternal, Child and Family Health (OMCFH) establishes partnerships with federally qualified health centers, private practicing physicians, local health departments and hospital-based clinics to ensure access to acceptable and available medical services for all West Virginians.

The OMCFH has not provided direct services for more than 30 years except in the case of children and youth with special health care needs. It does, however, recruit and train practitioners, and establish care guidelines to ensure use of nationally approved medical standards for multiple programs. The provider networks are strong, and resources from Title V, Title X and state appropriation support the purchase of health services for more than 57,000 persons of childbearing age yearly. The OMCFH has established guidelines for care of specific populations, including children eligible for the EPSDT program and pregnant women.

Right From the Start – is WV’s perinatal home visiting program, staffed by licensed nurses and social workers employed by a network of community agencies. This program provides comprehensive perinatal services to low income women and infants up to one year of age. The project provides a range of services including: recruitment and credentialing practitioners to care for Medicaid and Title V patients; financial assistance for pregnant women ineligible for Medicaid or CHIP; and, patient assistance to access health care and nutrition counseling and health education programs.

Newborn Metabolic Screening – This program works with the Office of Laboratory Services to ensure that every newborn is screened for all disorders as recommended by the U.S. Department of Health and Human Services’ Secretary’s Advisory Committee on Heritable Disorders and Genetic Diseases. State nursing personnel within OMCFH provide follow-up in collaboration with the child’s primary care physician and specialists. Children with inborn metabolic errors receive consultation through the West Virginia University Department of Pediatrics- Genetics Program, also supported by Title V and service generated revenue.

Parent Network Specialists System – Through an agreement with the West Virginia University Center for Excellence in Disabilities parents are employed to serve as parent-to-parent supports for children and families participating in CSHCN. These parents hold public forums, provide specific information about a diagnosis, and participate in policy development with the OMCFH. A similar parent network is also available through Birth to Three/Part C with their salaries supported by monies that flow through the OMCFH to agencies in the community where the parent resides.

Pregnancy Risk Screening – in coordination with the advisory council on maternal risk assessment, the OMCFH has implemented and subsequently upheld a comprehensive and uniform approach to identifying at-risk and high-risk pregnancies. All health care providers offering maternity services are required to use a maternal risk screening tool in their initial examination of all pregnant women. Data from this surveillance are utilized to identify geographic areas with disproportionately higher rates of at-risk and high-risk pregnancies and to inform targeted intervention
Adolescent Health – The OMCFH supports an Adolescent Health network that is locally administered. Staff works with schools, churches, and civic groups to develop programs to meet the needs of youth such as injury prevention, parent-child communication, conflict resolution, etc. In addition, there is a network of adolescent pregnancy prevention specialists who focus on adolescent sexuality, decision making, as well as discouraging early sexual engagement. For those young persons who are sexually active, there are discussions about prevention of sexually transmitted diseases and the availability of contraceptive care.

Children with Special Health Care Needs (CSHCN) Program – functions to support family-centered, coordinated, ongoing comprehensive care for children and youth with special health care needs within a medical home. CSHCN Program Care Coordinators (Nurses and Social Workers) work to facilitate a team approach to health care, with coordination across multiple services and settings, in accordance with the National Consensus Standards for Systems of Care for Children and Youth with Special Health Care Needs. The following care coordination functions are provided for all clients enrolled CSHCN Program:

- advocating family-centered, coordinated, ongoing comprehensive care within a medical home;
- ensuring an appropriate written care plan;
- promoting communications within the medical home team and ensuring defined minimal intervals between said communications;
- supporting and/or facilitating (as appropriate) care transitions from practice to practice and from the pediatric to adult systems of care;
- supporting the medical home’s capacity for electronic health information and exchange; and
- facilitating access to comprehensive home and community-based supports.

Percentage Served by the West Virginia MCH Program

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Pregnant women</td>
<td>86.0%</td>
</tr>
<tr>
<td>Infants under one</td>
<td>98.0%</td>
</tr>
<tr>
<td>Children and adolescents</td>
<td>69.0%</td>
</tr>
<tr>
<td>Children with special health care needs</td>
<td>58.0%</td>
</tr>
<tr>
<td>Others</td>
<td>22.0%</td>
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*2018 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

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Children with Special Health Care Needs
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Health Needs in West Virginia
- Decrease adult smoking, particularly among pregnant women.
- Decrease substance abuse, particularly drug abuse during pregnancy.
- Increase oral health care among children and adults.
- Decrease infant mortality, with emphasis on SUID.
- Decrease unintentional injury and teen suicide.
- Reduce obesity among adults and children.
- Increase medical home for children both in and out of CSHCN.
- Decrease preterm and low birthweight infants.
- Increase breastfeeding.

State Selected National Performance Measures
- Low-risk Cesarean Delivery
- Breastfeeding
- Safe Sleep
- Physical Activity
- Bullying
- Medical Home
- Oral Health
- Smoking

Current Special Projects of Regional and National Significance (SPRANS)
State Systems Development Initiative (SSDI)
WEST VIRGINIA DEPARTMENT OF HEALTH AND HUMAN RESOURCES
Charleston, WV

Rural Integration Models for Parents and Children to Thrive
WEST VIRGINIA UNIVERSITY RESEARCH CORPORATION
Morgantown, WV

West Virginia State Profile 2020