North Dakota
Maternal and Child Health Block Grant 2020

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. In FY2018, 91% of all pregnant women, 98.7% of infants, and 53.7% of children nationwide benefitted from a Title V-supported service. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to North Dakota

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<th>FY 2017</th>
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<td>$1,739,627</td>
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Title V Administrative Agency:
Maternal and Child Health, Health and Safe Communities Section
North Dakota Department of Health

*States must provide a three dollar match for every four Federal dollars allocated.

Protecting and Improving the Health of North Dakota’s Families

Maternal/Infant Initiatives — Strategies targeted to the maternal and infant populations include increasing breastfeeding support and infant safe sleep. Breastfeeding strategies include training hospital staff and implementation of policies on evidence-based practices for supporting breastfeeding mother-baby dyads; providing technical assistance to businesses in developing polices to support breastfeeding moms in the workplace; and providing grants to three local public health units to work on increasing breastfeeding rates at 6 months. Safe sleep mini-grants were awarded to entities to promote consistent and culturally sensitive messaging statewide. Grantees were required to utilize the state-developed educational campaign materials and incorporate the benefits of breastfeeding and tobacco cessation in their workplans. Cribs for Kids®, a safe sleep education and distribution program, provides services in 27 sites throughout the state.

Newborn Screening and Follow-up —
The goal of this program is to identify infants, soon after birth, who are at risk for certain diseases that cause illness, disability or death. All infants with out of range results receive confirmatory testing to diagnose or rule out a disorder. Newborn screening consists of three simple tests: blood spot, hearing and pulse oximetry screening for critical congenital heart disease. Timely treatment and intervention is important and can prevent health problems, support early development, and save lives. The program also focuses on quality assurance and education and outreach to health care providers, families and communities. After an infant has been diagnosed with a disorder, long-term follow-up for the child is supported through the provision of metabolic food, multidisciplinary clinics and care coordination services.

Children with Special Health Care Needs — ND’s CSHCN program provides a variety of services to address unmet healthcare needs of the CSHCN population. Examples include coverage of medical services for eligible children, youth, and young adults, and resources that support coordinated care and management, such as a metabolic food program and a variety of multidisciplinary clinics. The program also improves health outcomes of the CSHCN population by advancing a quality, comprehensive system of care. Efforts focus on family/professional partnerships, medical home, adequate health insurance, early and continuous screening and surveillance, easy to use services and supports, and transition to adult health care.

Reduce Overweight and Obesity — Strategies implemented to address obesity in childhood include working in child care entities, schools, and community settings. Examples of activities include child care physical activity ordinances; school wellness committees/policies; comprehensive physical activity programs, healthy lunchroom and concession stand polices; and community cooking schools.
Health Needs in North Dakota

- Reduce tobacco use in pregnant women
- Increase the rate of breastfeeding at 6 months
- Reduce disparities throughout North Dakota
- Reduce fatal motor vehicle crash deaths to adolescents
- Reduce overweight and obesity in children
- Increase the utilization of medical home
- Increase the number of children with special health care needs receiving transition support
- Increase preventive dental services to children
- Implement North Dakota state mandates delegated to North Dakota Department of Health Title V / Maternal and Child Health Program
- Decrease depressive symptoms in adolescents
- Increase adequate insurance coverage to the MCH population

State Selected National Performance Measures

- Well Woman Visit
- Breastfeeding
- Bullying
- Adequate Insurance
- Safe Sleep
- Physical Activity
- Injury Hospitalization
- Transition
- Medical Home
- Preventive Dental Visit

Current Special Projects of Regional and National Significance (SPRANS)

**State Systems Development Initiative (SSDI)**
NORTH DAKOTA DEPARTMENT OF HEALTH
Bismarck, ND

For more information, contact:

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