California

Maternal and Child Health Block Grant 2020

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. In FY2018, 91% of all pregnant women, 98.7% of infants, and 53.7% of children nationwide benefitted from a Title V-supported service. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to California:

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<th>FY 2017</th>
<th>FY 2018</th>
<th>FY 2019</th>
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<tbody>
<tr>
<td></td>
<td>$39,113,905</td>
<td>$39,725,961</td>
<td>$39,660,787</td>
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Title V Administrative Agency:
California Department of Public Health (CDPH) Maternal, Child and Adolescent Health (MCAH) Division and Department of Health Care Services (DHCS) Integrated Systems of Care Division (ICSD). Note: States must provide a $3 match for every four Federal dollars allocated.

Protecting and Improving the Health of California’s Families

California MCAH works to improve the health and well-being of women, infants, children and adolescents throughout the state. MCAH uses scientific, evidence-based methods in the development, targeting and evaluation of programs. These efforts rely on strategic partnerships with nationally recognized public health and medical experts in health care, university and local health jurisdiction (LHJ) settings, as well as other state and federal entities. Many programs and initiatives serve California’s diverse MCAH populations, providing public health resources, information and data across regions.

Local MCAH Programs – Local MCAH program activities focus on comprehensive health, medical and psychosocial needs of the maternal, infant, child and adolescent health population, including children and youth with special health care needs (CYSHCN). To meet this goal, the program has partnerships and agreements with various state and federal agencies, and the 61 LHJs in California to carry out aligned MCAH activities.

Sudden Infant Death Syndrome (SIDS) – This MCAH program coordinates SIDS data collection and analysis; grief and bereavement support services to SIDS families and caregivers; SIDS training for emergency personnel and public health professionals; and promotion of SIDS risk reduction activities and messages.

Regional Perinatal Programs of California (RPPC) – RPPC is a comprehensive, cooperative network of public and private health care providers working within nine geographic regions to ensure mothers and babies are receiving the right care at the right time. RPPC promotes access to appropriate levels of high-quality perinatal care through regional quality improvement activities. RPPC directors and staff provide resources, consultation and technical assistance to their regions’ hospitals and providers.

Adolescent Family Life Program (AFLP) – AFLP provides case management for expectant and parenting adolescents to increase social and emotional support and build resiliency, improve pregnancy planning and spacing, increase education attainment and employability, and increase access to needed services. The program emphasizes building on adolescents’ strengths and resources through an affirming and prevention-based approach called Positive Youth Development.

Black Infant Health Program (BIH) – BIH works to improve African American infant and maternal health outcomes by reducing stress caused by long term racism. The program provides African American women with a group intervention and complementary participant-centered life planning, both prenatally and postpartum. This powerful combination serves to help women enhance life skills, learn proven strategies to reduce stress and build social support.

California Pregnancy-Associated Mortality Review (CA-PAMR) – MCAH developed CA-PAMR, an enhanced surveillance of maternal deaths during pregnancy and within one year of a pregnancy outcome. CA-PAMR identifies pregnancy-related deaths, associated factors and quality improvement opportunities, to make recommendations for change. In moving from review to action, California’s maternal mortality rate has declined by 57 percent, from 16.9 deaths per 100,000 live births (2006) to 7.3 deaths per 100,000 live births (2013).

Preconception Health and Health Care – In collaboration with the Preconception Health Council of California, MCAH partners with organizations and stakeholders across California to provide direction for the integration of preconception care into clinical and public health practice, develop policy strategies to support preconception care and promote preconception health messaging for women of reproductive age.

Children and Youth with Special Health Care Needs – Title V contributes to state and local level partnerships and coordination across systems that serve CYSHCN and their families, as well as providing support to the California Children’s Services (CCS) program. The goal of CCS is to provide diagnostic and treatment services, medical case management, and physical and occupational therapy services to children with complex and chronic medical conditions.
California Diabetes and Pregnancy Program (CDAPP) – CDAPP Sweet Success provides comprehensive technical support and education to medical personnel and community liaisons to assist in promoting best practices of care to improve pregnancy outcomes for women with pre-existing, overt or gestational diabetes.

Oral Health – MCAH collaborates with new and existing dental and health-related programs to address the oral health needs of pregnant women, mothers and children to expand access to dental care and preventive services. This program also provides technical assistance to local MCAH programs to facilitate oral health program integration, policy development and community outreach efforts.

Fetal Infant Mortality Review (FIMR) – FIMR is a community-based program implemented in 16 LHJs that review the contributing factors to fetal and infant deaths within the LHJ. FIMR community groups identify interventions to prevent fetal and infant mortality, thus improving health services for families. Review teams include community leaders, medical care providers, public health professionals, social service staff, advocacy groups and consumers.

Breastfeeding Initiative – This initiative collaborates with California health care systems, providers, MCAH programs and other public health partners to promote evidence-based public health and health care policies and procedures that promote breastfeeding as the normal method of infant feeding in California. By 2025, all general acute care hospitals and special hospitals that have a perinatal unit will adopt policies to improve hospital breastfeeding support and MCAH will provide guidance on those model hospital policies.

Nutrition and Physical Activity (NUPA) Initiative – This initiative works to make good nutrition and regular physical activity the preferred and easy lifestyle choice for California women of reproductive age and their families. The initiative integrates and coordinates the latest evidence-based guidance into MCAH programs, LHJs and partner agencies. California includes several measures on NUPA within its Title V Block Grant including: increasing the percent of women with recommended weight gain during pregnancy, increasing folic acid intake one month prior to pregnancy and reducing the proportion of WIC children aged 2-4 years who are overweight or obese by 2020.

**Health Priorities in California**

- Ensure women in California are healthy before, during and after pregnancy
- Ensure all infants are born healthy and thrive in their first year of life
- Enhance strengths, skills and supports to promote positive development and ensure youth are healthy and thrive
- Optimize the healthy development of all children so they can flourish and reach their full potential
- Make systems of care easier to navigate for CYSHCN and their families
- Increase engagement and build resilience among CYSHCN and their families

**State Selected National Performance Measures**

- Well-Woman Visit
- Risk-Appropriate Perinatal Care
- Breastfeeding
- Developmental Screening
- Adolescent Well-Visit
- Transition to Adult Health Care
- Adequate Insurance

For more information, contact:

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**Percentage Served by the California MCH Program**

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>Pregnant women</td>
<td>100.0%</td>
</tr>
<tr>
<td>Infants under one</td>
<td>100.0%</td>
</tr>
<tr>
<td>Children and adolescents</td>
<td>86.0%</td>
</tr>
<tr>
<td>Children with special health care needs</td>
<td>18.0%</td>
</tr>
<tr>
<td>Other</td>
<td>20.0%</td>
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*2018 State Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau
Current Special Projects of Regional and National Significance (SPRANS)

**Healthy Tomorrows Partnership for Children Program**
- THE ACHIEVABLE FOUNDATION
  - Culver City, CA
- LONG BEACH MEMORIAL MEDICAL CENTER
  - Long Beach, CA
- SANTA ROSA COMMUNITY HEALTH CENTERS
  - Santa Rosa, CA
- PROVIDENCE LITTLE COMPANY OF MARY FOUNDATION
  - Torrance, CA
- ALTAMED HEALTH SERVICES CORPORATION
  - Commerce, CA

**State Systems Development Initiative (SSDI)**
- DEPARTMENT OF HEALTH CARE SERVICES
  - Sacramento, CA

**Hemophilia Treatment Centers**
- THE CENTER FOR COMPREHENSIVE CARE AND DIAGNOSIS OF INHERITED BLOOD DISORDERS
  - Santa Ana, CA

**MCH Pipeline Training Program**
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA
  - Los Angeles, CA

**MCH Collaborative Office Rounds**
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
  - San Francisco, CA

**Leadership Education in Adolescent Health (LEAH)**
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
  - San Francisco, CA

**Maternal and Child Health Nutrition Training Program**
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA, LOS ANGELES
  - Los Angeles, CA

**Thalassemia**
- CHILDREN’S HOSPITAL & RESEARCH CENTER AT OAKLAND
  - Oakland, CA

**State Adolescent and Young Adult Health Capacity Building**
- REGENTS OF THE UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
  - San Francisco, CA

**SPRANS Research Networks including AYAH, Word Gap, Life Course, Measurement, Pediatric, Pregnancy Related Care, CYSHN**
- THE UNIVERSIY OF CALIFORNIA, LOS ANGELES
  - Los Angeles, CA

**Maternal and Child Health Public Health Training Program**
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA, LOS ANGELES
  - Los Angeles, CA

**Maternal and Child Health Public Health Training Program**
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA, BERKELEY
  - Berkeley, CA