



ASSOCIATION OF MATERNAL & CHILD HEALTH PROGRAMS

State Profile

A SNAPSHOT OF HOW THE TITLE V MATERNAL AND CHILD HEALTH BLOCK GRANT WORKS IN YOUR STATE

Virginia Maternal and Child Health Block Grant 2019

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. In FY2017, 86% of all pregnant women, 99% of infants, and 55% of children nationwide benefitted from a Title V-supported service. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to Virginia

| FY 2016 | FY 2017 | FY 2018 |
|--------------|--------------|--------------|
| \$12,092,401 | \$12,128,653 | \$12,287,553 |

Title V Administrative Agency:
Office of Family Health, State Department of Health

*States must provide a three dollar match for every four Federal dollars allocated.

Protecting and Improving the Health of Virginia's Families

Children and Youth with Special Health Care Needs — Children and youth with special needs, one of the state's most vulnerable populations, receive a large proportion of block grant funds. The Title V program assures and coordinates health services on an individual basis through its Care Connection for Children network, child development clinics, bleeding disorders program, and sickle cell centers. The Care Connection for Children program provides care coordination services, family-to-family support, and some financial assistance to children with special health care needs.

Family Health — Title V funds are allocated to Virginia's 35 local health departments to address safe sleep, substance use cessation (including tobacco), unintended pregnancy, and access to care in their communities. Additionally, the Title V MCH program supports a variety of state and local efforts to promote medical and dental homes, access to family-centered care, prenatal education, and injury prevention.

Newborn Screening and Early Hearing Detection and Intervention (EHDI) — All infants are screened for 31 disorders, including 23 errors of metabolism and Critical Congenital Heart Disease (CCHD). For errors of metabolism, the program tracks and follows up on all critical and abnormal results, facilitates access to specialty services, and assures those infants who are diagnosed are referred to the Care Connection for Children Centers (CCC) for care coordination

services. For infants who are diagnosed with CCHD, infants are also referred to CCCs for care coordination services. All newborns are screened for hearing loss before hospital discharge. The EHDI program tracks and follows up on abnormal results, assures access to audiologists for further testing, and maintains a hearing aid loan bank. Infants diagnosed with hearing loss are referred to Virginia's Early Intervention program, the Infant and Toddler Connection. The state also maintains the Virginia Congenital Anomalies Reporting and Education System (VaCARES), a registry of children under age two with birth defects.

Dental Health — Tooth decay is the most common chronic disease of childhood. The Dental Health Program aims to expand access to dental homes and oral health promotion programs for high-risk pregnant women, children, and individuals with special health care needs (ISHCN). Statewide training is provided to medical and dental professionals, lay health workers, case workers, teachers, families, and individuals on providing oral health care for ISHCN. In addition, oral assessments, education, and fluoride varnish application are provided for ISHCN in non-dental settings, including the Southwest Virginia Care Connection for Children pediatric medical specialty clinics.

Injury and Violence Prevention — Former State Health Commissioner Marissa J. Levine declared the Virginia opioid addiction crisis a public health emergency in 2016; misuse of prescription opiates among women of child-bearing age remains a concern. Title V funds support efforts to address and prevent neonatal abstinence syndrome (NAS). For example, Virginia is working to implement a sustainable model for delivering ongoing education to the primary and specialty prescribers in a Project ECHO® NAS Case Management Learning Lab series. Virginia also continues to provide education and training related to safe sleep to health care professionals, home visitors, caregivers, and families to prevent infant mortality. Programs aiming to prevent deaths among children and adolescents include campus-based suicide prevention and prenatal education on childhood injury.

Maternal and Child Fatality Review — The Office of the Chief Medical Examiner leads a collaborative, interagency effort to conduct maternal and child mortality reviews.

Bright Futures — As the standard of pediatric health care in Virginia, Bright Futures is integrated into workforce development and training for providers as well as education for families. Title V staff support infrastructure-building services to promote the health of children from birth through adolescence. Efforts include providing technical assistance to providers and the public on delivering care in accordance with Bright Futures standards; identifying and disseminating resources, tools, and best practices to providers on emerging priority health topics; and supporting training for providers and families on medical home, transition, and supporting optimal child development.

Early Childhood Health — Early identification of developmental delays and social-emotional challenges is a critical priority. Core program components include training providers to support parents in completing Ages & Stages Questionnaires (ASQ3 or ASQSE2) and identifying and promoting best practices for assuring families receive

appropriate referrals for further assessment, specialized intervention, or ongoing monitoring. Title V staff also partner closely with MIECHV, Healthy Start, the Resource Mothers Program, and various interagency initiatives to prepare a workforce poised to seamlessly support health, development, learning, and school success.

School Health — Title V provides infrastructure-building services and workforce development opportunities to public, private, and parochial school-age health care providers. This includes surveying school health staff to identify needs and disseminate effective resources, tools, and best practices to providers on prioritized health topics. Title V staff develop and update the state's school health guidelines, the state school entrance health form, and a state school-age health website. Staff collaborate with school-age health stakeholders to monitor the quality of school health services.

Adolescent Health — Virginia's emerging adolescent health program aims to empower adolescents to achieve and maintain optimal health, identify pillars of support and resources, and provide the foundation for a healthy transition to adulthood. The program disseminates the Office of Adolescent Health's Think, Act, Grow® (TAG) Playbook to promote the five essentials of healthy development. Title V funds also support implementation of AIM 4 Teen Moms (AIM4TM) through the Resource Mothers Program. AIM4TM is an evidence-based teen pregnancy prevention program that uses a positive youth development framework. Resource Mothers is mentorship and support program for pregnant and parenting teens. By participating in AIM4TM, teens have the opportunity to learn skills for advancing their education and professional careers and are provided education about contraceptive methods.

Percentage Served by the Virginia MCH Program*

| | |
|--------|---|
| 100.0% | pregnant women |
| 100.0% | infants under one |
| 77.0% | children and adolescents |
| 77.0% | children with special health care needs |
| 25.0% | others |

*2017 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

State Selected National Performance Measures

- Safe Sleep
- Injury Hospitalization
- Medical Home
- Transition
- Preventive Dental Visit
- Developmental Screening

Health Needs in Virginia

- Increase safe sleep practices for infants
- Promote the importance of having a medical home among providers and families
- Promote independence and transition of young adults with and without special health care needs
- Reduce injuries, violence, and suicide among Title V populations
- Support the physical and emotional well-being of women and their children

- Support optimal mental health and social-emotional development of all children
- Increase access to oral health services among pregnant women and children
- Foster a culture of family/youth engagement and leadership

Current Special Projects of Regional and National Significance (SPRANS)

Healthy Tomorrows Partnership for Children Program
CHILD HEALTH INVESTMENT PARTNERSHIP
Roanoke, VA

State Systems Development Initiative (SSDI)
VIRGINIA DEPARTMENT OF HEALTH
Richmond, VA

Children's Oral Healthcare Access Program
VIRGINIA DEPARTMENT OF HEALTH
Richmond, VA

Supporting State Maternal and Child Health Policy Innovation
THE ASSOCIATION OF STATE AND TERRITORIAL HEALTH OFFICIALS
Arlington, VA

For more information, contact:

Maternal & Child Health

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Children with Special Health Care Needs

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