

## South Dakota

### Maternal and Child Health Block Grant 2019

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. In FY2017, 86% of all pregnant women, 99% of infants, and 55% of children nationwide benefitted from a Title V-supported service. To learn more about Title V, visit [www.amchp.org](http://www.amchp.org).

#### MCH Block Grant Funds to South Dakota

FY 2016	FY 2017	FY 2018
\$2,149,068	\$2,147,032	\$2,175,277

#### Title V Administrative Agency:

Division of Family Health, State Department of Health

\*States must provide a three dollar match for every four Federal dollars allocated.

### Promote, protect and improve the health of every South Dakotan

**Guiding Goals for the Title V Program within the South Dakota Department of Health**— Improve the quality, accessibility, and effective use of healthcare; support life-long health for South Dakotans; prepare for, respond to, and prevent public health threats; develop and strengthen strategic partnerships to improve public health; and maximize the effectiveness and strengthen infrastructure of the Department of Health

**Newborn Screening** — Infants born in South Dakota are screened for metabolic diseases and hearing loss prior to hospital discharge and receive referrals to follow-up services as needed. South Dakota screens for 30 core conditions listed in the Recommended Uniform Screening Panel of the Secretary’s Advisory Committee on Heritable Disorders in Newborns and Children. All infants whose newborn screening test results are outside of the normal limits for a newborn screening disorder receive follow-up to ensure prompt and appropriate follow-up testing.

**Tobacco Control Program** — Coordinates state efforts to prevent youth and young adults from starting to use tobacco products, helps current tobacco users quit, reduces exposure to second-hand smoke and eliminates tobacco-related disparities among population groups. South Dakota enacted a clean indoor air law in 2010 and utilizes federal and tobacco tax dollars dedicated to the tobacco control program. As a result, the program provides public education/messaging, and surveillance and evaluation. Community/school partnership grants, disparities grants, and K-12 mini grants are offered to implement evidence-based prevention and cessation programs. The program also offers SD QuitLine services, which include free coaching and cessation medications, as well as the SD QuitLine Postpartum program, which supports relapse prevention calls for new and expecting mothers.

**Bright Start Home Visits** — Nurses in twelve counties offer home visits to low-resource pregnant women, infants, and toddlers. The areas served include three American Indian reservation areas, as well as other counties that have been identified as having high infant mortality rates. The typical client is a single first-time mom under the age of 19, with limited education and resources, and who has limited family or other support systems. The visits help improve health status of women and children and support the mothers’ ability to care for their children. Additionally, the nurses support the mothers in meeting their life course goals for education and employment. During the visits, activities are demonstrated to stimulate child development, to promote attachment and bonding, and to provide a safe and nurturing home environment.

**Child Obesity Prevention** – MCH and DOH offer education and tools to identify best practices that support healthy lifestyle habits for children’s development. They have collaborated with the Department of Social Services and Sanford CHILD Service’s Physical Activity Technical Assistance (PATA) program. PATA assists in creating an environment where physical activity is incorporated into the program culture. The program offers assistance in writing a physical activity policy that is adopted in each child care program, offers on-site training to implement physical activities in the classroom, provides ideas for parents to engage in physical activity at home and offers resources with ideas on how to increase physical activity in the classroom. A common testimonial from teachers include *“they have noticed a significant decrease in behavior problems with her consistent movement”*.

**Immunization** — Nurses administer publicly funded vaccines and coordinate activities to raise public awareness about the importance of immunizations. South Dakota implemented Tdap and MCV4 vaccine requirements for students entering the Sixth-grade beginning with the 2016-17 school year. South Dakota collects and analyzes immunization data for our Kindergarten and Sixth grade students annually.

**Injury Prevention** — The MCH program coordinates with other agencies to promote injury prevention activities for infants, children and adolescents. Prevention activities include car seat distribution and education, poison prevention, alcohol and drug use, and intentional and unintentional injuries including sexual assault and domestic violence and suicide.

**Infant Mortality** - The MCH program focuses on strategies to promote early recognition of pregnancy, early and comprehensive prenatal care, and awareness and implementation of safe sleep practices to decrease infant mortality. In 2012, the MCH program began funding a statewide infant death review. First Lady Linda Daugaard has championed several public awareness campaigns, the most recent targeting grandparents with infant safe sleep messaging. The Department of Health (DOH) partners with the National Cribs for Kids program to provide safe infant sleep environments for families in need. Three tribal Cribs for Kids partners and 77 WIC offices distribute the Safe Sleep kits provided by the DOH.

## Percentage Served by the South Dakota MCH Program\*

68.0%	Pregnant women
99.0%	Infants under one
59.0%	Children and adolescents
59.0%	Children with special health care needs
28.0%	Others

\*2017 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

## State Selected National Performance Measures

- Well Woman Visit
- Adolescent Well Visit
- Medical Home
- Safe Sleep
- Developmental Screening

## Health Needs in South Dakota

- Promote preconception/inter-conception health
- Reduce infant mortality
- Promote positive child and youth development to reduce morbidity and mortality (intentional/unintentional injuries, dietary habits, tobacco use, alcohol use, and other drug utilization)
- Improve early identification and referral of development delays
- Improve and assure appropriate access to health services that are focused on families, women, infants, children, adolescents, and CYSHCN
- Promote oral health of all populations
- Improve state and local surveillance, data collection, and evaluation capacity

For more information, contact:

### Maternal & Child Health and Children with Special Health Care Needs

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## Current Special Projects of Regional and National Significance (SPRANS)

**Healthy Tomorrows Partnership for Children**

YOUTH AND FAMILY SERVICES INC.

Rapid City, SD

**State Systems Development Initiative (SSDI)**

SOUTH DAKOTA DEPARTMENT OF HEALTH

Pierre, SD

