

Iowa

Maternal and Child Health Block Grant 2019

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. In FY2017, 86% of all pregnant women, 99% of infants, and 55% of children nationwide benefitted from a Title V-supported service. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to Iowa

FY 2016	FY 2017	FY 2018
\$6,495,727	\$6,458,264	\$6,508,785

Title V Administrative Agency:

Bureau of Family Health, Division of Health Promotion and Chronic Disease Prevention, Iowa Department of Public Health

*States must provide a three dollar match for every four Federal dollars allocated.

Protecting and Improving the Health of Iowa's Families

Child and Adolescent Health — Twenty-two local child health agencies provided child health direct and enabling services to approximately 175,249 children, ages 0 to 22 years in all 99 counties. The child health agencies serve as the community utility to link families to medical and dental homes. The child health programs help families access physical examinations, vision and hearing screening, dental education and referral. They may also provide gap-filling services, such as immunizations, developmental, nutrition and psychosocial screenings, and laboratory tests including blood lead testing. The program is a collaborative effort between Iowa's Medicaid agency and state and community Title V programs.

Maternal Health — Twenty-three local maternal health agencies provide maternal health services to approximately 8,275 low-income pregnant women. The maternal health agencies serve as the community utility to link pregnant women to prenatal care. A wide range of

health education and support services are available to low-income pregnant women, such as risk assessment, psychosocial screening, oral health screening, delivery planning and presumptive eligibility. The maternal health agencies also promote early entry into care.

Oral Health — The Title V oral health program coordinates the I-Smile™ dental home initiative, which develops partnerships, builds referral systems, promotes oral health, provides care coordination for families, provides preventive services, and educates the public about the importance of early and regular dental care. I-Smile™ also interfaces with medical providers, offering trainings on conducting oral screenings and applying fluoride varnish to children younger than age 3 and emphasizing referrals for dental visits by age one. In FY15, over 48 percent of Medicaid eligible children in Iowa ages 0-5 years received a dental or oral health service. The oral health program also implements school-based dental sealant programs, targeting schools with low-income, uninsured, and underinsured children.

Children and Youth with Special Health Care Needs — Iowa's CYSHCN program is administered through Child Health Specialty Clinics (CHSC) within the University of Iowa Stead Family Department of Pediatrics, Division of Child and Community Health. CHSC's mission is to assure a systems-oriented approach to care for Iowa's CYSHCN and their families. This program serves to improve the health, development, and well-being of CYSHCN in partnership with families, service providers, communities, and policy makers.

Through a network of 14 community-based regional centers and four satellite centers, CHSC services enhance access to care through family support and engagement, care coordination, and gap-filling clinical services including telehealth. CHSC partners with families at all levels of decision-making.



CHSC enhances family leadership capacity, supports advocacy and policy efforts, and seeks to improve health equity. Priority areas include 1) improving care coordination through a medical/health home approach; 2) supporting integration of services, including shared plans of care; 3) enhancing transition-to-adulthood planning for CYSHCN.

Percentage Served by the Iowa MCH Program*

100.0%	pregnant women
100.0%	infants under one
100.0%	children and adolescents
100.0%	children with special health care needs

*2017 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

Health Needs in Iowa

- Improve access to care for the MCH population
- Improve dental deliver strategies for MCH population
- Improve breastfeeding support
- Improve adolescent health care systems coordination
- Improve access to quality child care
- Improve physical activity for MCH population
- Improve developmental screening and surveillance
- Build care coordination systems for CYSHCN
- Promote transition planning for CYSHCN
- Integrate services for CYSHCN

State Selected National Performance Measures

- Well-Woman Visit
- Breastfeeding
- Developmental Screening
- Bullying
- Adolescent Well Visit
- Medical Home
- Transition
- Preventative Dental Visit

For more information, contact:

Maternal and Child Health

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Children and Youth with Special Health Care Needs

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State Family or Youth Leader

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Current Special Projects of Regional and National Significance (SPRANS)

State Systems Development Initiative (SSDI)

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