

Delaware

Maternal and Child Health Block Grant 2019

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. In FY2017, 86% of all pregnant women, 99% of infants, and 55% of children nationwide benefitted from a Title V-supported service. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to Delaware

FY 2016	FY 2017	FY 2018
\$1,958,861	\$1,961,971	\$1,993,981

Title V Administrative Agency:

Division of Public Health, Department of Health and Social Services

*States must provide a three dollar match for every four Federal dollars allocated.

Protecting and Improving the Health of Delaware's Families

Children with Special Needs —The Family Support and Healthcare Alliance Delaware (Family SHADE) is an alliance of 40+ organizations and agencies committed to working together to improve the quality of life of children and youth with special health care needs (CYSHCN) by improving access to information and services in Delaware. Partners/member organizations include University of Delaware – Center for Disabilities Studies, Delaware Family Voices/Family to Family Health Information Center, Parent Information Center of Delaware, American Academy of Pediatrics (Delaware Chapter), Birth to Three Early Intervention, Easter Seals, Autism Delaware, small family support groups, parents of CYSHCN, self-advocates and many others. Family SHADE will focus on Title V MCH priorities identified in Delaware's Title V Five Year Needs Assessment.

Well Woman - Delaware CAN (Contraceptive Access Now) is a public/private partnership between the Division of Public Health and Upstream USA, a nonprofit organization, and several other MCH stakeholders including Medicaid, designed to reduce unintended pregnancy in the state of Delaware. This comprehensive, statewide plan will increase access for all women to the full range of contraceptive methods, including the most effective methods, IUDs and implants.

Vision and Plan: All children are born to parents who plan for them and want them. To accomplish this, all women of reproductive age will have access to low or no cost effective methods of contraception through their provider of choice, providers will have both the training and supplies needed to offer all methods on the same day they are requested.

Healthy Women, Healthy Babies — This program provides preconception and prenatal care to at-risk women and is based on a life course perspective. At-risk women include African-Americans and women with a history of poor birth outcomes. Services include preconception care, psychosocial care, prenatal care and nutrition.

Another area of focus for our at-risk women is the concept of birth spacing. Our Birth Spacing brochure educates women and families on waiting at least 18 months from the time a baby is born to the time a woman gets pregnant again. The brochure addresses: What is birth spacing? Benefits for Mom, Benefits for Baby and Benefits for Family. The brochure also highlights the importance of well woman visits and the postpartum visit, which can be used as a time to talk about concerns and plans for future children.



Medical Legal Partnership — As part of Delaware’s work with the Infant Mortality COIIN, Delaware selected Medical Legal Partnership as a strategy. The Medical-Legal Partnership (MLP) model serves as a method for legal and health care professionals to work together to improve the health and wellbeing of vulnerable populations. The MLP model integrates lawyers into the network of care providers in the health care setting. This intervention is premised on the idea that a high proportion of low- income individuals face serious legal challenges that adversely affect their social, emotional, and financial well- being. Delaware is integrating an MLP model with the state’s Healthy Women Healthy Babies’ preconception/interconception care program for high risk women. Assessment of mental health and well-being for these clients (in both home visiting and the Healthy Women, Healthy Babies Program) is done using the Mental Health Inventory, which is comprised of subscales that gauge anxiety, depression, emotional ties, positive affect, life satisfaction, and loss of behavioral/emotional control.

Developmental Screening — ECCS Impact Grant: The award of the Early Childhood Comprehensive Systems Impact grant (ECCS) in 2016 has transformed Delaware’s developmental screening improvement work, which began more than five years ago. ECCS Impact grant identifies ways to improve early childhood systems, resources and coordination across sectors. It utilizes collaboration, innovation and quality improvement at the state and local level to achieve optimal and equitable early childhood developmental health outcomes.

In partnership with its local place-based community teams, the state’s ECCS program has been successful at the following:

- **Data integration and analysis** of the 2 preferred developmental tools used within the state. There’s now a departure from the siloed approach to an integrated and comprehensive view.
- **Strengthening early intervention referrals** by ensuring the children ineligible for Part C services receive care coordination services to assure they don’t fall between the cracks.
- **Partnership with maternity departments** in area hospitals to ensure discharge paperwork given to new moms include information on developmental screening.

State Selected National Performance Measures

- Well-Woman Visit
- Breastfeeding
- Developmental Screening
- Physical Activity
- Bullying
- Medical Home
- Preventive Dental Visit
- Adequate Insurance Coverage

Percentage Served by the Delaware MCH Program*

6.0%	Pregnant women
21.0%	Infants under one
19.0%	Children and adolescents
22.0%	Children with special health care needs
32.0%	Others

*2017 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

Health Needs in Delaware

- Increase the number of women who have a preventive visit to optimize the health of women before, between, and beyond pregnancies
- Improve breastfeeding rates
- Improve rates of developmental screening in healthcare setting using a validated screening tool
- Increase healthy lifestyle behaviors (healthy eating and physical activity)
- Increase the percent of children with and without special healthcare needs having a medical home
- Decrease rates of bullying by promoting development of social and emotional wellness
- Improve the rate of oral health preventive care in pregnant women and children
- Increase the percentage of children 0-17 who are adequately insured

For a full list of our Title V Action Plan priorities and strategies, please visit: <http://dethrives.com/title-v>

For more information, contact:

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Current Special Projects of Regional and National Significance (SPRANS)

State Systems Development Initiative (SSDI)

EXECUTIVE OFFICE OF THE GOVERNOR OF DELAWARE
 Dover, DE

Healthy Tomorrows Partnership for Children Program

THE NEMOURS FOUNDATION
 Wilmington, DE