California

Maternal and Child Health Block Grant 2019

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. In FY2017, 86% of all pregnant women, 99% of infants, and 55% of children nationwide benefitted from a Title V-supported service. To learn more about Title V, visit www.amchp.org.

### MCH Block Grant Funds to California:

<table>
<thead>
<tr>
<th>Year</th>
<th>FY2016</th>
<th>FY2017</th>
<th>FY2018</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>$39,040,391</td>
<td>$39,113,905</td>
<td>$39,725,961</td>
</tr>
</tbody>
</table>

#### Title V Administrative Agency:
California Department of Public Health (CDPH) Maternal, Child and Adolescent Health (MCAH) Division and Department of Health Care Services (DHCS) Integrated Systems of Care Division (ICSD). Note: States must provide a $3 match for every four Federal dollars allocated.

### Protecting and Improving the Health of California’s Families

California MCAH works to improve the health and well-being of women, infants, children, and adolescents throughout the state. MCAH uses scientific, evidence-based methods in the development, targeting and evaluation of programs. These efforts rely on strategic partnerships with nationally recognized public health and medical experts in health care, university and local health jurisdiction (LHJ) settings, as well as other state and federal entities. Many programs and initiatives serve California’s diverse populations and regions, providing resources, information and data for physical, emotional, mental and social health.

#### Local MCAH Programs –
Local MCAH program activities focus on comprehensive health, medical and psychosocial needs of the maternal, infant, child and adolescent health population, including Children and Youth with Special Health Care Needs (CYSHCN). To meet this goal, the program has partnerships and agreements with various state and federal agencies, and the 61 LHJs in California carry out a shared scope of work.

#### Sudden Infant Death Syndrome (SIDS) –
MCAH program coordinates SIDS services through data collection and analysis; grief and bereavement support services to SIDS families and caregivers; SIDS training for emergency personnel and public health professionals; and promotion of SIDS risk reduction activities and messages.

#### Regional Perinatal Programs of California (RPPC) –
RPPC provides a comprehensive, cooperative network of public and private health care providers within geographic areas to assure the well-being of pregnant women and their infants. RPPC promotes access to appropriate levels of high-quality perinatal care through regional quality improvement activities. RPPC directors and staff provide resources, consultation and technical assistance to their regions’ hospitals and providers.

#### Adolescent Family Life Program (AFLP) –
AFLP provides case management services to pregnant and parenting adolescents to prevent second pregnancies, improve pregnancy outcomes and strengthen parenting skills. The program emphasizes building on adolescents’ strengths and resources through an affirming and prevention-based approach called Positive Youth Development.

#### Black Infant Health Program (BIH) –
BIH works to improve African-American infant and maternal health outcomes. The program provides group intervention, with complementary participant-centered case management, for African-American women, both prenatally and postpartum. The groups provide social support, empowerment, and knowledge and skill development to decrease health disparities.

#### California Pregnancy-Associated Mortality Review (PAMR) –
MCAH developed PAMR, an enhanced surveillance of maternal deaths during pregnancy and within one year of a pregnancy outcome. PAMR identifies pregnancy-related deaths, associated factors and quality improvement opportunities, to make recommendations for change. In moving from reviews to actions, California’s maternal mortality rate has declined by 57 percent, from 16.9 deaths per 100,000 live births (2006) to 7.3 deaths per 100,000 live births (2013). In contrast, the national maternal mortality rate has continued to rise.

#### Preconception Health and Health Care –
In collaboration with the Preconception Health Council of California, MCAH partners with organizations and stakeholders across California to provide direction for the integration of preconception care into clinical and public health practice, develop policy strategies to support preconception care and promote preconception health messaging for women of reproductive age.

#### California Children’s Services (CCS) –
CCS serves children under age 21 with special health care needs and chronic medical conditions such as cystic fibrosis, hemophilia, cerebral palsy, heart disease, cancer, traumatic injuries and infectious diseases producing major sequelae. The goal of CCS is to provide diagnostic and treatment services, medical case management, and physical and occupational therapy services for those with CCS-eligible medical conditions.
California Diabetes and Pregnancy Program (CDAPP) – CDAPP Sweet Success provides comprehensive technical support and education to medical personnel and community liaisons to assist in promoting best practices of care for improved pregnancy outcomes for women with pre-existing, overt or gestational diabetes to improve pregnancy and birth outcomes for these women and their infants.

Oral Health - MCAH collaborates with new and existing dental and health-related programs to address the oral health needs of pregnant women, mothers and children to expand access to dental care and preventive services. This program also provides technical assistance to local MCAH programs to facilitate oral health program integration, policy development and community outreach efforts.

Fetal Infant Mortality Review (FIMR) - FIMR is a community-based program implemented in 16 LHJs that reviews the contributing factors to fetal and infant deaths within the LHJ. FIMR community groups identify interventions to prevent fetal and infant mortality, thus improving health services for families. Review teams include community leaders, medical care providers, public health professionals, social service staff, advocacy groups and consumers.

Breastfeeding Initiative - This initiative collaborates with California health care systems, providers, MCAH programs and other public health partners to promote evidence-based public health and health care policies and procedures, thus making breastfeeding the normal method of infant feeding in California. Two examples include: 1) The Regional Perinatal Programs of California provide technical assistance, education, and training with hospitals to improve their exclusive breastfeeding rates by establishing hospital policies and a continuous quality improvement plan. 2) MCAH collaborates with partners to promote and support California parents who return to work or school after giving birth and choose to breastfeed/provide human milk to be equally and adequately accommodated.

Nutrition and Physical Activity (NUPA) Initiative – This initiative works to make good nutrition and regular physical activity the preferred and easy lifestyle choice for California women of reproductive age and their families. The initiative integrates and coordinates the latest evidence-based guidance into MCAH programs, LHJs and partner agencies. California includes several measures on NUPA within its Title V Block Grant including: increasing the percent of women with over weight or obese by 2020.

Health Priorities in California

- Improve preconception health by decreasing risk factors for adverse life-course events among women of reproductive age
- Reduce infant morbidity and mortality
- Improve the cognitive, physical and emotional development of all children
- Provide high-quality care to all children with special health care needs within an organized care delivery system
- Increase access to CCS-paneled providers to ensure that each child has timely access to a qualified provider of medically necessary care
- Promote and enhance adolescent strengths, skills and supports to improve adolescent health
- Increase access and utilization of health and social services
- Increase the proportion of children, adolescents and women of reproductive age who maintain a healthy diet and lead a physically active lifestyle

State Selected National Performance Measures

- Well-Woman Visit
- Risk-Appropriate Perinatal Care
- Breastfeeding
- Developmental Screening
- Adolescent Well-Visit
- Medical Home
- Transition
- Adequate Insurance

For more information, contact:

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Percentage Served by the California MCH Program*

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Description</th>
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<tbody>
<tr>
<td>100.0%</td>
<td>Pregnant women</td>
</tr>
<tr>
<td>100.0%</td>
<td>Infants under one</td>
</tr>
<tr>
<td>100.0%</td>
<td>Children and adolescents</td>
</tr>
<tr>
<td>100.0%</td>
<td>Children with special health care needs</td>
</tr>
<tr>
<td>20.0%</td>
<td>Other</td>
</tr>
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*2017 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau
Current Special Projects of Regional and National Significance (SPRANS)

**Healthy Tomorrows Partnership for Children Program**
- THE ACHIEVABLE FOUNDATION
  Culver City, CA
- CHILDREN'S HEALTHCARE OF CALIFORNIA
  Orange, CA
- UNIVERSITY OF CALIFORNIA SAN FRANCISCO
  San Francisco, CA
- VOLUNTEER CENTER OF GREATER ORANGE COUNTY
  Santa Ana, CA
- LONG BEACH MEMORIAL MEDICAL CENTER
  Long Beach, CA
- SANTA ROSA COMMUNITY HEALTH CENTERS
  Santa Rosa, CA
- PROVIDENCE LITTLE COMPANY OF MARY FOUNDATION
  Torrance, CA
- ALTAMED HEALTH SERVICES CORPORATION
  Commerce, CA
- ALTAMED HEALTH SERVICES CORPORATION
  Los Angeles, CA
- DEPARTMENT OF HEALTH CARE SERVICES
  Sacramento, CA
- THE CENTER FOR COMPREHENSIVE CARE AND DIAGNOSIS OF INHERITED BLOOD DISORDERS
  Santa Ana, CA
- CALIFORNIA DEPARTMENT OF PUBLIC HEALTH
  Sacramento, CA
- THE RAND CORPORATION
  Santa Monica, CA
- UNIVERSITY OF CALIFORNIA SAN DIEGO
  La Jolla, CA

**Leadership Education in Adolescent Health (LEAH)**
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
  San Francisco, CA
- THE CHILDREN'S HOSPITAL, LOS ANGELES
  Los Angeles, CA
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA, LOS ANGELES
  Los Angeles, CA
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
  San Francisco, CA
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA, LOS ANGELES
  Los Angeles, CA
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
  San Francisco, CA

**Maternal and Child Health Nutrition Training Program**
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA
  Berkeley, CA
- UNIVERSITY OF CALIFORNIA, LOS ANGELES
  Los Angeles, CA
- UNIVERSITY OF CALIFORNIA, SAN FRANCISCO
  San Francisco, CA

**Maternal and Child Health Public Health Training Program**
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA
  Berkeley, CA
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA
  Los Angeles, CA
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA
  San Francisco, CA

**MCH Collaborative Office Rounds**
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA
  San Francisco, CA

**MCH Pipeline Training Program**
- THE REGENTS OF THE UNIVERSITY OF CALIFORNIA
  Los Angeles, CA