Oregon

Maternal and Child Health Block Grant 2015

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. Title V provides funding to state maternal and child health (MCH) programs, which serve 42 million women and children in the U.S. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to Oregon

<table>
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<tr>
<th></th>
<th>FY 2012</th>
<th>FY 2013</th>
<th>Post Sequestration</th>
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<tbody>
<tr>
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<td>$6,092,388</td>
<td>$5,889,608</td>
<td>$5,896,904</td>
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</table>

Title V Administrative Agency:
Center for Prevention and Health Promotion, Public Health Division, Oregon Health Authority; Oregon Center for Children and Youth with Special Health Needs, Institute on Developmental & Disability at the Oregon Health & Science University

*States must provide a three dollar match for every four Federal dollars allocated.

Protecting and Improving the Health of Oregon’s Families

Healthy Pregnancies and Newborns — Oregon’s Title V Program is leading efforts to improve birth outcomes. Perinatal Health services are implemented in partnership with Oregon Division of Medical Assistance Programs (Medicaid), and Oregon’s Coordinated Care Organizations. The Maternity Case Management, and Nurse Family partnership home visiting programs provides screening for risk factors, referrals to health care and other supportive services, smoking cessation support, and parenting education. State and local public health leaders are engaged in collaborative strategies to improve the quality of prenatal care and birth outcomes through the CoIN initiative and the March of Dimes-led Perinatal Collaborative. Two areas of focus include preconception health and maternal depression. Title V is also partnering with Oregon’s health and education systems transformation to integrate and coordinate public health, health care and early learning services for pregnant women and infants and families.

Early Childhood Development — Nearly all of Oregon’s newborns receive screening for metabolic, hearing loss, and genetic disorders. Follow-up to those screenings is coordinated by Oregon’s Title V Program in Public Health and the Center for Children and Youth with Special Health Needs. Public health nurses provide continued assessment, screening, counseling, case management, advocacy and education, as well as referral and follow-up. Assessment and screening services include monitoring growth, physical and emotional health, dental status, immunization status, vision and hearing, and maternal-infant interaction. Local public health nurses provided Babies First!, Nurse Family Partnership, and CaCoon home visiting services to an average of 7000 clients per year, of which 57% are infants and children with multiple risk factors, such as families living in poverty.

Children and Youth with Special Health Needs — Nearly 208,777 Oregon children, birth to age 21, have a special health care need. These children have chronic health conditions and require more health care services than other children (for example, more doctor visits, specialized treatments, prescription drugs, and mental health services). The Oregon Center for Children and Youth with Special Health Needs (OCCYSHN) promotes the optimal health and functioning of Oregon’s children and youth with special health needs (CYSHN), from birth to age 21 through policy and program development, population-based assessment and surveillance, and leadership for health systems and services in Oregon. OCCSHYN administers Title V CYSHCN funds to support two community-based systems of services. The CaCoon Program helps families coordinate their children’s care, develop care management skills and link to appropriate services through public health nurse home visiting. CaCoon provided 8,735 home visits to 1,793 children and their families. Nine Community Connections Network (CCN) multidisciplinary community health teams for CYSHCN and their families provide community-based evaluation, consultation, and care coordination services. The CCN teams assure increased community-based system of care coordination for CYSHN with complex needs crossing multiple systems of care. OCCYSHN ensures family involvement at all levels of decision-making. OCCYSHN is leading a quality improvement effort addressing state level systems of services for CYSHCN.
Children’s Oral Health — The 2010 Oregon Smile Survey reported that 52% of children experience some decay, 10.3% have decay in permanent teeth, 13.6% have rampant decay, and 20% have untreated decay. Oregon’s Oral Health Program seeks to improve the oral health of infants, children and adolescents through the public private partnerships of the State Oral Health Coalition, school-based programs (dental sealants and fluoride tablets), health promotion of prevention during pregnancy and early childhood, and continued surveillance of children’s oral health status. Title V supports efforts to enhance collaboration and policy development to address access to dental care, early childhood caries prevention strategies, and capacity expansion of school-based programs.

Nutrition and Obesity Prevention — According to data from the National Survey of Children’s Health data, about a quarter of 10-17 year olds in Oregon are overweight or obese (26.4% for 2011/2012 data). The Oregon Healthy Growth Survey found that one-third of 6-9 year olds were overweight or obese. Of low-income children, thirty-three percent of two to five year old children have a body mass index (BMI) higher than the desired 85th percentile. The percent of 8th graders reporting being physically active for at least 60 minutes a day for five days in a week is 60%. In addition, 75% of eighth graders do not eat the recommended amount of fruits and vegetables. Nearly 1 in 6 (16%) 8th graders report being food insecure in the last year. Oregon’s Title V Program engages in public and private partnerships to plan and advocate for policies that support increased access to healthy foods, education and improved opportunities in schools and in neighborhoods for children to increase their physical activity.

Parent and Family Supports Building upon the Adverse Childhood Experiences research, Oregon’s Title V program is developing strategies to strengthen families and prevent family violence. Oregon’s Title V program has adopted the Strengthening Families Approach, developed by the Center for the Study on Social Policy (CSSP), to guide this work. The Strengthening Families Approach is based on creating strong parent partnerships; a culturally competent and strengths based workforce; and family focused policies. These principles drive Oregon’s work to create a context that supports safe and nurturing parenting. The Title V program works with partner agencies statewide to support parents through initiatives which include home visiting programs, parent leadership development, and 211 info outreach and referral services.

Adolescent Health in Schools — In the 2013/14 service year, Oregon’s 68 certified School Based Health Centers (SBHCs) served 23,618 clients, and over 52,000 youth ages 5-21 with access to an SBHC. Investment in SBHCs has grown, with 9 communities currently receiving support from the State Program Office to open SBHCs in their community. Investments were also made in mental health capacity and programming. Forty-four SBHCs received funding for mental health staffing; 12 of which did not provide mental health services prior to the 2013-14 school year. In addition, Adolescent and School Health staff continue to work with Division leadership and other state and local partners on strategies to integrate health-related measures and initiatives into schools’ accountability framework, and identify shared agendas, such as reducing chronic absenteeism.

For more information, contact:

Title V Program, contact:
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Health Needs in Oregon

- Oral health and early childhood cavities prevention, including accessibility of services
- Limited access to specialized health and related services (specialty care, mental health, PT/OT, etc.) for children and youth with special health needs particularly in rural and frontier areas
- Lack of linkages or referral pathways to appropriate mental health services for children and youth with special health needs
- Families and providers lack knowledge and awareness of support services available for families of children and youth with special health needs
- Access to preventive physical and mental health services
- Family violence, including intimate partner violence and child abuse
- Drug and alcohol abuse, including accessibility of services (and prevention of Fetal Alcohol Syndrome)
- Mental health, including accessibility of services
- Preventing and addressing overweight and obesity in older children and adolescents, including nutrition, food security, physical activity and screen time
- Parents’ resources and parenting behaviors (including parenting education and other support services) to support young children’s health, development, safety, and social-emotional health
People Served by the Oregon MCH Program*
Title V population-based preventive and systems building services benefit all women and children in the state.

<table>
<thead>
<tr>
<th>Category</th>
<th>Number</th>
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<tbody>
<tr>
<td>Pregnant women</td>
<td>45,134</td>
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<tr>
<td>Infants under one</td>
<td>45,134</td>
</tr>
<tr>
<td>Children and adolescents</td>
<td>1,076,662</td>
</tr>
<tr>
<td>Children with special health care needs</td>
<td>146,800</td>
</tr>
<tr>
<td>Others</td>
<td>854,403</td>
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<tr>
<td>Total served</td>
<td>2,168,133</td>
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*2013 State Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

Grants to Oregon*

**State Implementation Grants for Integrated Community Systems for CSHCN**
OREGON HEALTH & SCIENCE UNIVERSITY
Portland, OR
$86,500
(State Implementation Grants for Integrated Community Systems for CSHCN)

**Healthy Tomorrows Partnership for Children Program**
JACKSON COUNTY SCHOOL DISTRICT # 6
Jackson, OR
$30,000
(Healthy Tomorrows Partnership for Children Program)

**STATE SYSTEMS DEVELOPMENT INITIATIVE (SSDI)**
HUMAN SERVICES, OREGON DEPARTMENT OF
Portland, OR
$100,000
(State Systems Development Initiative)

**Hemophilia Treatment Centers (SPRANS)**
OREGON HEALTH & SCIENCE UNIVERSITY
Portland, OR
$500,000
(Hemophilia Treatment Centers (SPRANS))

**Leadership Education in Neurodevelopmental and Related Disorders Training Program**
OREGON HEALTH & SCIENCE UNIVERSITY
Portland, OR
$694,894
(Leadership Education in Neurodevelopmental and Related Disorders Training Program)

**National Maternal and Child Health Data Resource Center**
OREGON HEALTH & SCIENCE UNIVERSITY
Portland, OR
$925,000
(National Maternal and Child Health Data Resource Center)

*These grants were awarded in FY 2013. For a complete list of Title V Grantees: