Colorado

Maternal and Child Health Block Grant 2015

The Maternal and Child Health Services Block Grant, Title V of the Social Security Act, is the only federal program devoted to improving the health of all women, children and families. Title V provides funding to state maternal and child health (MCH) programs, which serve 42 million women and children in the U.S. To learn more about Title V, visit www.amchp.org.

MCH Block Grant Funds to Colorado

<table>
<thead>
<tr>
<th>FY 2013</th>
<th>FY 2014</th>
<th>FY 2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>$7,11,544</td>
<td>$7,120,349</td>
<td>TBD</td>
</tr>
</tbody>
</table>

Title V Administrative Agency:
Center for Healthy Families and Communities, Colorado Department of Public Health and Environment

*States must provide a three dollar match for every four Federal dollars allocated.

Protecting and Improving the Health of Colorado’s Families

Breastfeeding — Colorado has taken a number of steps to increase the rates of breastfeeding. The MCH Program created a Breastfeeding Specialist and an Early Childhood Obesity Prevention Specialist, to coordinate both population-based and service delivery level approaches (through WIC) to breastfeeding promotion. The Colorado Can Do 5! initiative, provided training and technical support on-site to hospitals statewide, and resulted in 41 of Colorado’s 53 maternity hospitals (representing 92 percent of Colorado live births) receiving the Can Do 5! B.E.S.T. (Breastfeeding Excellence Starts Today) award. Seizing the momentum to improve maternity practices, Colorado formed a Baby-Friendly Hospital Collaborative to aid 18 hospitals in their journey to Baby-Friendly designation. Both initiatives involve policy implementation, staff training, and maternal education to promote breastfeeding-supportive maternity practices identified to impact breastfeeding initiation, duration, and exclusivity. The Colorado WIC Program initiated a Breastfeeding Peer Counselor 2-Way Text/Phone Pilot Program which led to adoption of the program in pilot agencies and expansion to new agencies. Results from a statewide survey of Colorado child care providers regarding breastfeeding will be the basis for Colorado’s plan to address knowledge, attitudes, skills, and practices gaps in the coming years. New partners continue to join in collaboration and outreach conference calls to support workplace lactation accommodation.

Newborn Screening — Colorado is a national leader in newborn hearing screening with hospitals screening 98 percent of all newborns prior to discharge. Infants are expected to be screened by 1 month of age, obtain a hearing evaluation if necessary by 3 months and, if diagnosed with a hearing loss, receive intervention services by 6 months. With this model, outcomes for children are greatly improved. In terms of newborn metabolic screening, approximately 98 percent of newborns are screened for 37 diseases. Children with positive screens are tracked to ensure timely diagnostic testing and treatment to prevent significant morbidity and/or mortality.

Assuring Better Child Health and Development (ABCD) — Colorado’s MCH program provides support for the Assuring Better Child Health and Development (ABCD) project to partner with local public health agencies, other community based organizations and health care providers throughout the state to promote early identification and referral of young children with potential developmental delays. Current goals of ABCD are to ensure that at least 90 percent of all health care practices screen young children at least three times before a child turns three years old, to increase by 15% the percentage of referrals to Early Intervention Colorado from primary care practices that go onto a multidisciplinary evaluation and that 100 percent of these practices consistently refer to Early Intervention Colorado (Part C of IDEA) for additional services when indicated. By focusing on these goals, ABCD intends to give every child in Colorado the best opportunity to reach their maximum developmental potential.

Youth Sexual Health — Colorado has made great strides in improving youth sexual health. Successes include decreasing the teen pregnancy rate by 40% by improving access to long-acting reversible contraceptives; passing a law stating that sexuality education taught in schools must be comprehensive; assisting Title X clinics become more “youth-friendly”; supporting local public health agencies to implement Colorado’s statewide youth
Teen Motor Vehicle Fatality Reduction — The Colorado teen motor vehicle death rate decreased from 31.9 to 11.7 per 100,000 teens aged 15-19 from 2004 to 2013. This 63 percent reduction was due, in part, to efforts to strengthen the graduated drivers license (GDL) law in Colorado and the Colorado MCH Program’s work in supporting implementation. Since 2005, the MCH program has convened the Colorado Teen Driving Alliance (CTDA) to align implementation efforts by statewide agencies and advocates for teen driving safety. The CTDA develops outreach materials to educate parents, teens, and law enforcement about the GDL law; created a website (www.coteendriver.com) targeted at parents, teens, and safety advocates to house GDL outreach materials; provides technical assistance to local communities implementing teen driving safety programs; and provides education about ways Colorado can strengthen its motor vehicle safety laws to align with best practices. The partnership between the state health and transportation departments has been key to reducing teen motor vehicle fatalities. Prior to the CTDA, each agency addressed teen motor vehicle safety independently. Creating one state action plan has resulted in decreased duplication along with pooled resources, which have promoted education for youth, parents, and law enforcement. In 2014, the CTDA developed an eLearning course for parents that addresses GDL laws, teaching teens to drive, and parent/teen driving contracts. The site has received over 750 participants in the course with over 125 of those participants completing at least one of the assessments. Data demonstrated that parents of teens increased knowledge of graduated drivers licensing and permit laws by up to 68 percent as a result of the course.

Family Leadership Training Institute (FLTI) — The Family Leadership Training Institute is a community-based leadership development program designed to give families the skills and knowledge they need to be active leaders on behalf of children and families. Graduates from this 20-week program are improving local and state systems as a result of their leadership, addressing MCH-related topics such as nutrition, supporting CYSHCN, physical activity, maternal depression, and suicide prevention among others. Graduates report that they were transformed from being a parent who cares to becoming a parent who leads! After six years in Colorado, over 400 individuals have graduated and many have remained active as community leaders.

Colorado Medical Home Initiative (CMHI) — With strong Title V leadership, Colorado’s Medical Home Initiative is focused on building systems of quality health care for all Coloradans, while increasing provider and community capacity to deliver care to children, youth and adults. Modeling the team approach, the CMHI cultivates strong partnerships with key stakeholders who share the vision for quality health care for all, including those with special needs. In addition to supporting the state level leadership for CMHI, Colorado’s MCH block grant also funds local public health agencies to indentify and reduce barriers to a medical home approach within their community.

People Served by the Colorado MCH Program* 

<table>
<thead>
<tr>
<th>Category</th>
<th>Number served</th>
</tr>
</thead>
<tbody>
<tr>
<td>pregnant women</td>
<td>64,252</td>
</tr>
<tr>
<td>infants under one</td>
<td>60,550</td>
</tr>
<tr>
<td>children and adolescents</td>
<td>1,364,635</td>
</tr>
<tr>
<td>children with special health care needs</td>
<td>170,010</td>
</tr>
<tr>
<td>others</td>
<td>0</td>
</tr>
<tr>
<td>total served</td>
<td>1,659,447</td>
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</tbody>
</table>

*2013 State/Jurisdiction Annual Reports Submitted to the Maternal and Child Health Bureau

For more information, contact:

Maternal & Child Health
Karen Trierweiler, MS, CNM
Center for Healthy Families and Communities
CO Dept. of Public Health & Environment
4300 Cherry Creek Drive South
PSD-MCH-A4
Denver, CO 80246
Phone: (303) 692-2481
E-mail: karen.trierweiler@state.co.us
**Children with Special Health Care Needs**
Rachel Hutson  
Director, Children & Youth Branch  
Colorado Department of Public Health and Environment  
4300 Cherry Creek Drive South  
PSD-CASH-A4  
Denver, CO 80246-1530  
Phone: (303) 692-2365  
E-mail: rachel.hutson@state.co.us

**MCH Priorities in Colorado**
- Prevent development of dental caries in all children ages birth to 5.  
- Improve motor vehicle safety among all youth ages 15 – 19.  
- Build a system of coordinated and integrated services, opportunities and supports for all youth ages 9-24.  
- Prevent obesity among all children ages birth to 5.  
- Improve developmental and social emotional screening and referral rates for all children ages birth to 5.  
- Reduce barriers to a medical home approach by facilitating collaboration between systems and families.  
- Promote preconception health among women and men of reproductive age with a focus on intended pregnancy and healthy weight.  
- Improve screening, referral and support for perinatal depression.  
- Improve sexual health among all youth ages 15 -19.  

**Grants to Colorado***

**STATE SYSTEMS DEVELOPMENT INITIATIVE (SSDI)**  
PUBLIC HEALTH AND ENVIRONMENT, COLORADO DEPARTMENT OF  
Denver, CO  
$100,000  
(State Systems Development Initiative)

**Leadership Education in Neurodevelopmental and Related Disorders Training Program**  
REGENTS OF THE UNIVERSITY OF COLORADO, THE  
Aurora, CO  
$581,979  
(Leadership Education in Neurodevelopmental and Related Disorders Training Program)

**Developmental-Behavioral Pediatrics Training Program**  
REGENTS OF THE UNIVERSITY OF COLORADO, THE  
Aurora, CO  
$179,517  
(Developmental-Behavioral Pediatrics Training Program)

**Leadership Training in Nursing**  
REGENTS OF THE UNIVERSITY OF COLORADO, THE  
Aurora, CO  
$34,660  
(Leadership Training in Nursing)

**Sickle Cell Treatment Demonstration Program**  
REGENTS OF THE UNIVERSITY OF COLORADO, THE  
Aurora, CO  
$356,618  
(Sickle Cell Treatment Demonstration Program)

**MCH Coop. Agrs. - Child Care**  
REGENTS OF THE UNIVERSITY OF COLORADO, THE  
Aurora, CO  
$380,000  
(MCH Coop. Agrs. - Child Care)

*These grants were awarded in FY 2013. For a complete list of Title V Grantees:*  