



Today is the National Mobilization for Women, Children and Families Day!

Today is the day! Join the Association of Maternal & Child Health Programs, the National WIC Association, and the National Family Planning & Reproductive Health Association in an unprecedented National Mobilization for Women, Children and Families. Our goal is to flood Capitol Hill with a unified message opposing MCH and women's health program cuts.

In the next few weeks, Congress will be considering additional cuts to critical discretionary health programs for women, children and families that could exceed \$1 billion in 2012 alone. Additionally, the Select Committee on Deficit Reduction (Super Committee) is meeting *today* to discuss further cuts to the discretionary portion of the federal budget that funds these programs. Elected officials need to hear clearly that these cuts are unacceptable. In accordance with your organization's rules on advocacy, please take these three, easy steps now:

1. Step one: Dial (202) 224-3121 for the Capitol switchboard to reach members of your congressional delegation. (Click [here](#) if you need to find your representatives). Please share this simple message: **I urge my Senator/Representative to oppose any efforts to cut core programs for women, children and families, including the Title V MCH Block Grant and Home Visiting Program, WIC and Title X.**

Other key points to share include:

- Women and children should not be at the forefront of any discussion to reduce the federal deficit. We urge you to oppose any efforts to cut these core programs and instead take a balanced approach.
- These programs provide the foundation for efforts to improve the health of women and children in our state. Further cuts will devastate state and local programs serving women, babies, children and children with special health care needs.
- Ask if the senator/congressman/congresswoman will support our cause!

2. Step Two: Click [here](#) to quickly and easily customize a template message that will be sent directly to your elected officials.

3. Step Three: After you've taken action, please share this message with your friends and social networks inviting others to join this mobilization. Thank you for your support.