



ASSOCIATION OF MATERNAL & CHILD HEALTH PROGRAMS



Title V National Performance Measure Resource Sheet

NPM 10: Adolescent Well-Visit

Percent of adolescents, ages 12 to 17, with a preventive medical visit in the past year

SUMMARY OF STRATEGIES FROM STATE ACTION PLANS

38 jurisdictions selected NPM-10

Common themes → People, places, products

- Promotion and adherence of Bright Futures' guidelines for adolescents
- Partnering with local AAP chapters to reach providers of adolescents
- Utilizing existing prevention programming, sexual health services and risk-reduction to promote comprehensive services
- Connecting with existing efforts focused on increasing vaccination rates, esp. HPV
- School-based health education programs, school health services/SBHCs and school nurses to help promote AWV
- Increasing health literacy to both youth and parents/caregivers on the importance of the well-visit
- Awareness-building and outreach/educational campaigns

BEST PRACTICES

Below are highlights from Innovation Station of related cutting-edge, emerging, promising and best practices located in [Innovation Station](#).

- [Youth Health Improvement Initiative](#)

TOOLS / RESOURCES SPECIFIC TO THIS MEASURE

Strengthen the Evidence Base for Maternal and Child Health (MCH) Programs:

http://www.semch.org/uploads/3/4/9/4/34942022/adolescent_well_visit_05_20_16.pdf

Improving Access to Health Insurance and the Quality of Preventive Visits Among Adolescents and Young Adults: A Compendium of State and Local Strategies:

<http://nahic.ucsf.edu/wp-content/uploads/2016/05/V2.AYAH-NRC-Improving-AYA-Access-Quality.pdf>

Adolescent Clinical Preventive Services Guidelines:

<http://nahic.ucsf.edu/adolescent-guidelines/>

Young Adult Clinical Preventive Services Guidelines: <http://nahic.ucsf.edu/yaguidelines/>

Bright Futures Adolescent Tools: <https://brightfutures.aap.org/materials-and-tools/tool-and-resource-kit/Pages/adolescence-tools.aspx>

Paving the Road to Good Health Strategies for Increasing Medicaid Adolescent Well-Care Visits: <https://www.medicaid.gov/Medicaid-CHIP-Program-Information/By-Topics/Benefits/Downloads/Paving-the-Road-to-Good-Health.pdf>

Evidence-based Clinical Preventive Services for Adolescents and Young Adults:

http://nahic.ucsf.edu/wp-content/uploads/2016/03/March-2016_AYAHNRC_evidence.V3.pdf

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