



GOT TRANSITION RESOURCES

Got Transition is the national resource center to improve the transition of youth from pediatric to adult health care through the use of new and innovative strategies for health professionals and youth & families. It is operated by The National Alliance to Advance Adolescent Health and funded by the federal Maternal and Child Health Bureau. Got Transition offers technical assistance to state Title V agencies, integrated health systems, health plans and payers, health professional training programs, medical societies, and consumer organizations. **All tools, resources, and research described below are available at www.GotTransition.org.**

The Six Core Elements of Health Care Transition

The Six Core Elements define the basic components of pediatric-to-adult transition, including establishing a policy, tracking consumer progress, administering transition readiness/self-care assessment, planning for adult care, transferring, and integrating into adult care. The Six Core Elements are aligned with the 2011 AAP/AAPF/ACP Clinical Report on Transition, which represents expert opinion on practice-based implementation of health care transition supports beginning in early adolescence and continuing into young adulthood.

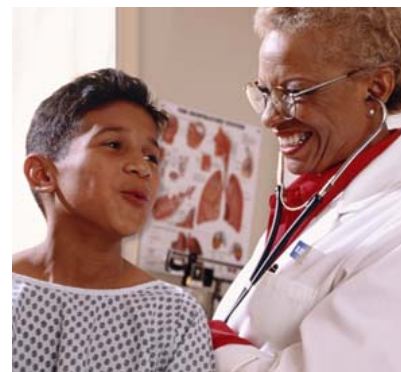
There are 3 sets of free, customizable packages of the Six Core Elements with sample tools, in English and Spanish, available for different practice settings.

<p><u>Transitioning Youth to Adult Health Care Providers</u> (Pediatric, Family Medicine, and Med-Peds Providers)</p>	<p><u>Transitioning to an Adult Approach to Health Care Without Changing Providers</u> (Family Medicine and Med-Peds Providers)</p>	<p><u>Integrating Young Adults into Adult Health Care</u> (Internal Medicine, Family Medicine, and Med-Peds Providers)</p>
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Corresponding measurement tools are available to assess progress implementing the Six Core Elements and to elicit consumer feedback on the transition experience.

Practice Resources for Providers and Health Plans

- *Starting a Transition Improvement Process Using the Six Core Elements*
- *Integrating Young Adults with Intellectual and Developmental Disabilities into Your Practice: Tips for Adult Health Care Providers*
- *Coding and Reimbursement Tip Sheet for Transition from Pediatric to Adult Health Care*
- *Incorporating Transition into EPIC Electronic Health Record Software (available only for EPIC users)*



Youth & Family Resources

- Frequently Asked Questions: Hear what young adult and parent experts have to say about common transition questions, and discover new resources to make the transition work easier.
- Youth and Family Transition Stories and Videos
- *Take Charge of Planning and Managing Your Own Health and Career Goals: A Transition QuickGuide*

State Title V Transition Resources

- *State Title V Health Care Transition Performance Objectives and Strategies: Current Snapshot and Suggestions* (to be released at AMCHP)
- State Title V transition websites and tables on transition performance from the 2009/10 National Survey of Children with Special Needs



Recent Got Transition Publications

- McManus, White, Pirtle, Hancock, Ablan. Incorporating the Six Core Elements into a Medicaid Managed Care Plan: Lessons Learned from a Pilot Project. *Journal of Adolescent Health*, 2015.
- McManus, White, Barbour, Downing, Hawkins, Quion, Tuchman, Cooley, McAllister. Pediatric to Adult Transition: A Quality Improvement Model for Primary Care. *Journal of Adolescent Health*, 2015.
- Prior, McManus, White, Davidson. Measuring the “Triple Aim” in Transition Care: A Systematic Review. *Pediatrics*, 2014.

Web-based CME and MOC Health Professional Training on Transition

- *Health Care Transition for Adolescents and Young Adults* (Sponsored by the HSC Health Care System, Got Transition, and DC Department of Health). This free 1-hour online CME course features pediatric, family medicine, and internal medicine physician leaders from DC and Dr. Patience White describing a quality improvement approach to the Six Core Elements. (<http://hscsnlearning.org/transition/>)
- *Transitioning Youth to Adult Health Care for Pediatric Providers* (Sponsored by Illinois Chapter of the American Academy of Pediatrics). This training program with CME and MOC credits includes 11 modules, with topics including developing a written transition policy, identifying adult primary care providers, and more. (<http://illinoisAAP.org/projects/medical-home/transition/trainings-and-events/>).
- *Health Care Transition Training for Health Care Professionals* (Sponsored by FloridaHATS). This CME program includes 10 modules on assessing transition readiness, patient skill development, care transfer, and more. (http://www.floridahats.org/?page_id=2206).