



Connecting Families the P2P Way!

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Parent to Parent Basics



- Parent to parent support, promoted by Parent to Parent USA, is the intentional matching of an experienced, prepared, Support Parent with a parent seeking peer support.
- Parent to Parent USA Alliance Members are statewide organizations providing support and information to families with children who have special health care needs or disabilities, most notably through parent to parent support.

Parent to Parent Support



- *"When you come to a place where the streets are not marked"* Dr. Suess

Parent to Parent support can be a life-line, knowing there is an experienced guide, a trusted ally, a listening partner just a phone call away.

Parent to Parent Movement



- Grassroots effort began in Omaha Arc, Nebraska early 1970s.
 - Fran Porter, Shirley Dean and Patty McGill Smith
 - Nebraska, Iowa, Kansas, Missouri
 - 1974 Parents Helping Parents, CA
 - 1975 Education Act P.L. 94-142
 - 1976 Parent Training and Information Centers
 - 1979 Pilot Parents of AZ
 - 1980 Washington State Parent to Parent

P2P Today



- 2006 Parent to Parent USA Non-profit Status (until 2002, TA support received through Beach Center on Families with Disabilities)
- 2012 Opened office in DC, hired first ED
- 32 Alliance Members
- 3 Emerging Alliance Members
- 32,007 families matched nationally in 2011

Quality Standards from Research

- Qualitative Research proves P2P Efficacy
- Quality Standards created by P2P USA based on research
- All Alliance Members MUST follow quality standards to maintain membership

Research Results

- Families felt less isolated and more confident in their ability to care for their child and more hopeful about their future
- Parent to parent was helpful for a majority of parents from diverse backgrounds and across all income levels
- Parents who participated made significantly more progress in getting their needs met compared to parents in the “wait group”.

Research Results



- Parent to Parent support increases parents' adaptation to their situation
- Helps parents better manage their day-to-day lives and helps parents find answers to their questions
- 89% of parents in the study found Parent to Parent support to be helpful (hence development of quality standards)

Parent to Parent Program



- Evidence-Based Practice
 - Program maintains the capacity to match families with diverse experiences including but not limited to ethnicity, culture, race, language, socio-economic, disability, special health need, and other child/family related factors
 - Program participates in continuous quality improvement efforts

The Match

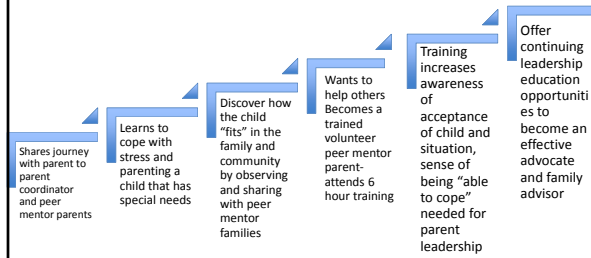


- Evidence-Based Practice
 - Criteria for the match are driven by the concerns, needs and priorities of the Referred Parent
 - Matches are made within 24-48 hours of request with a trained Support Parent
 - Support Parent makes at least 4 contact with the first 8 weeks of receiving the match
 - All matches are followed-up by program to ensure match was a success; rematch if needed

Parent to Parent Program Implications

- Perceived sameness is a fundamental ingredient for success in a Parent to Parent match.
- There is a strong relationship between the number of contacts a parent has with a Support Parent and how helpful the parent finds Parent to Parent support to be.

From Parent Support to Parent Leadership: The Cradle of Leadership



To Become Alliance Member

- P2P support is core program component
- Must serve families statewide, across disability/special health care needs, across all ages
- Committed to implementing evidence-based practices for...
 - P2P Support, Recruiting & Training Support Parents, and Matching & Follow-up
- P2P USA survey completed annually

What do P2P USA Alliance Members get in return?

- Technical Assistance
- Use of P2P Directors’ National Listserv
- Use of National Matching Listserv
- Invitation to Biennial Directors’ Leadership Institute
- Forum for leadership, networking, problem-solving nationally
- National exposure, connections, forum for family support issues, etc.

If you want to connect or collaborate with an existing P2P Alliance Member

1. Go to www.p2pusa.org
 2. Click on “Looking for Support”
 3. On the US map, click on your state for all contact information
- Or...contact Kathy Brill at (717) 503-8992 or kathyb@p2pusa.org to further discuss your needs and plans

QUESTIONS?



*Additional information about Parent to Parent
can be found on website at www.p2pusa.org*

Thanks!
