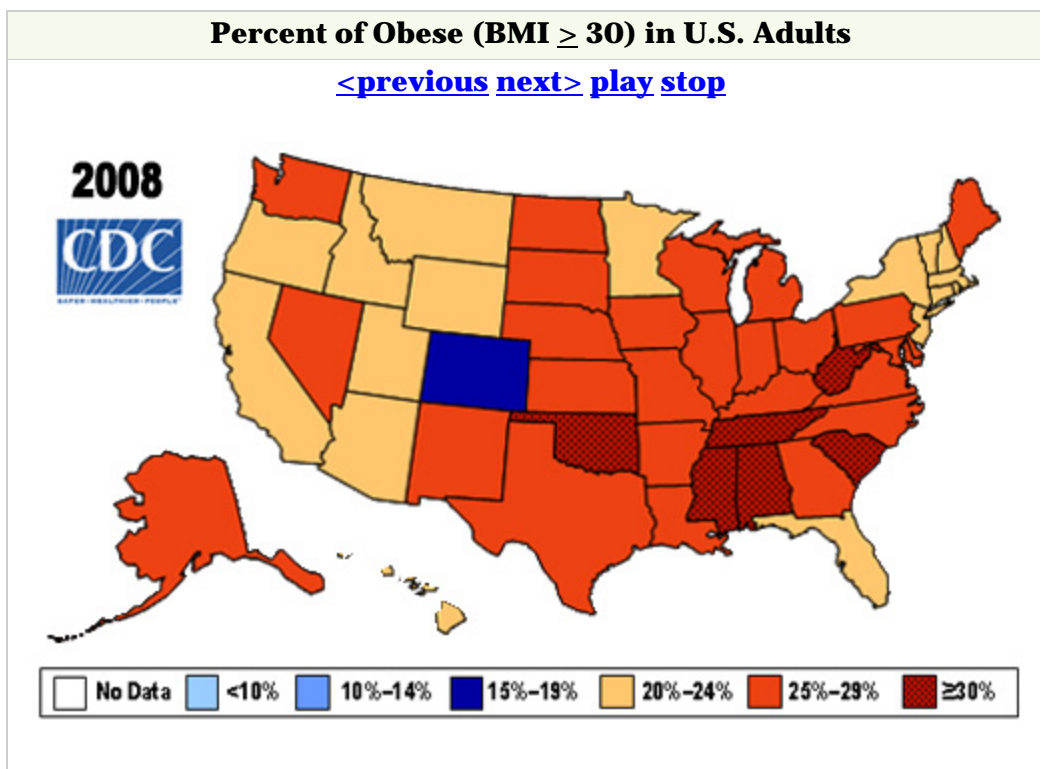


Sources: <http://www.cdc.gov/obesity/data/trends.html#Race>

Obesity Distribution in the States, 2008

Obesity has become the new emerging health problem for families in the last 20 years in the United State health system. Obesity which is defined based on the body weight and height becomes a major concern when the body mass index (BMI) of 30 or greater is noted. This provides an indicator of body fatness and weight that may lead to health problems such as risk of hypertension, cardiovascular disease, cancers and other **unhealthy conditions**. Families are involved in programs to address this health problem, particularly affecting MCH populations and children and youth with special health care needs. The following maps show the prevalence of obesity distribution by state and race in 2008. For more details visit: <http://www.cdc.gov/obesity/data/trends.html#Race>

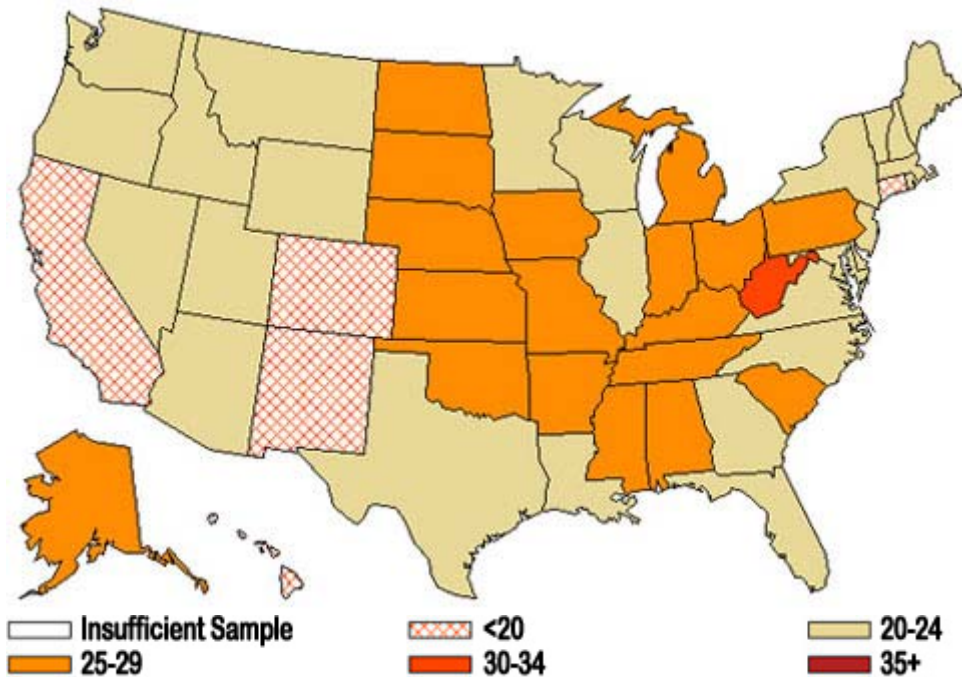


2008 State Obesity Rates							
State	%	State	%	State	%	State	%
Alabama	31.4	Illinois	26.4	Montana	23.9	Rhode Island	21.5

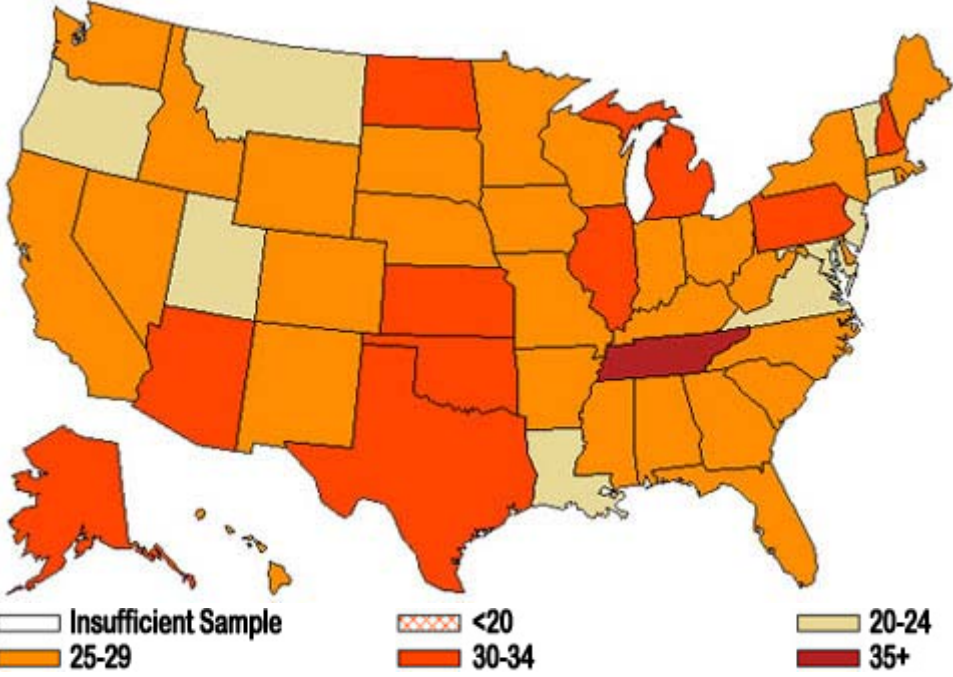
Alaska	26.1	Indiana	26.3	Nebraska	26.6	South Carolina	30.1
Arizona	24.8	Iowa	26.0	Nevada	25.0	South Dakota	27.5
Arkansas	28.7	Kansas	27.4	New Hampshire	24.0	Tennessee	30.6
California	23.7	Kentucky	29.8	New Jersey	22.9	Texas	28.3
Colorado	18.5	Louisiana	28.3	New Mexico	25.2	Utah	22.5
Connecticut	21.0	Maine	25.2	New York	24.4	Vermont	22.7
Delaware	27.0	Maryland	26.0	North Carolina	29.0	Virginia	25.0
Washington DC	21.8	Massachusetts	20.9	North Dakota	27.1	Washington	25.4
Florida	24.4	Michigan	28.9	Ohio	28.7	West Virginia	31.2
Georgia	27.3	Minnesota	24.3	Oklahoma	30.3	Wisconsin	25.4
Hawaii	22.6	Mississippi	32.8	Oregon	24.2	Wyoming	24.6
Idaho	24.5	Missouri	28.5	Pennsylvania	27.7		

1. Obesity by Race/Ethnicity 2006-2008

White Non-Hispanic



Hispanic



Black Non-Hispanic

