



NEW AMCHP PROGRAMS TO SUPPORT MCH STAFF DURING THE COVID-19 PANDEMIC

The pressure caused by the COVID-19 pandemic is challenging to early career and seasoned staff alike. AMCHP is pleased to offer two unique programs to support MCH/CYSHCN staff and leadership during the on-going public health emergency:

MCH Covid Coaching Cafés are small-group coaching sessions that offer practical tools and approaches for MCH staff to manage COVID-related challenges. Individualized coaching is also available. Contact workforce@amchp.org for more information.

Covid Leadership Forums are supportive, facilitated group sessions for senior MCH and CYSHCN leadership only. Contact Stacy Collins at scollins@amchp.org for more information.

The chart below provides detailed information about both opportunities

	Covid Coaching Cafés	Covid Leadership Forums
Audience	State and territory MCH and CYSHCN staff	State and territory MCH and CYSHCN directors only
Purpose	Cafés provide a safe space to bring concerns related to remote working, shifting resources and disruption in general. Coaches will offer mindset shifts, tools and strategies to help you feel better equipped to work in a rapidly changing context. <i>Come as you are with whatever is on your mind and leave with extra supports.</i>	Forums provide a trusted space for MCH leadership to discuss current COVID-related challenges through facilitated discussion and peer sharing.
Staff	Professionals with expertise in change management and adaptive leadership	An LCSW with expertise in group work and trauma-informed care will facilitate the forums
Format	One-hour small-group coaching sessions via zoom Individualized coaching is available upon request	One-hour, monthly zoom calls open to all state/territory MCH and CYSHCN directors
Dates & Registration	Fridays on a biweekly basis, beginning January 22, 2-3pm ET Group coaching - click here to register <i>Currently, registration is open through March 2021. Stay tuned for additional dates. Sign-up slots are capped to allow for meaningful discussion.</i> Individualized coaching - click here to register	Last Fridays of the month at 2-3pm ET: January 29; February 26; March 26; April 30 Click on the link below to register: http://bit.ly/COVIDLeadershipForum

Calls will not be recorded to promote a safe space for open dialogue