

Transforming Health Care for Adolescents and Young Adults

Adolescent and Young Adult Health National Resource Center Announces Change Packages to Improve Preventative Visits

The Adolescent and Young Adult Health National Resource Center (AYAH-NRC) is pleased to announce "[Transforming Health Care for Adolescents and Young Adults.](#)"

A change package is a set of materials and ideas that guide and enable improvement teams to implement change in their settings. "Transforming Health Care for Adolescents and Young Adults" is an interactive module, housed by the Association of Maternal & Child Health Programs (AMCHP), that features three change packages on increasing the receipt of quality preventive visits for adolescents and young adults (AYAs), centered around three National Strategies:

- 1: Increase Access & Utilization of AYA Preventive Services
- 2: Improve Quality of AYA Preventive Services (Clinic-Level)
- 3: Improve State- and Systems-Level Policies and Practice for AYA Preventive Services

The change packages are data-driven and reflect the firsthand experiences of states in the [AYAH Collaborative Improvement and Innovation Network](#). They are organized in a manner that enables efficient spread and adaptation by other states, agencies, and organizations that work towards improving National Performance Measure #10 of the Title V Block Grant (percent of adolescents, ages 12 -17, with a preventive medical visit in the past year), or a similar performance measure related to AYA preventive services. Secondary audiences may include other health care, public health, and/or youth serving professionals that play a critical role in specific improvement activities related to AYAH.

For more information, visit the [AYAH-NRC website](#) or contact Iliana White at iwhite@amchp.org.

